

## **OVERDOSE PREVENTION**

### **DRUG CHECKING - MOUNTAINSIDE HARM REDUCTION SOCIETY (Fentanyl Screening Strips And FTIR)**

#### **Chilliwack Health Unit**

Monday, 2:00pm – 6:00pm

45470 Menholm Road, [mtnsidesociety.ca/drug-checking](http://mtnsidesociety.ca/drug-checking)

### **OVERDOSE PREVENTION SITES**

#### **Ruth & Naomi's Mission**

Seven days a week, 6:00am – 10:00pm, gates close at 9:00pm

Pathways - 46130 Margaret Avenue, 604-795-2322 ext. 401

#### **Chilliwack Wellness Center (Lookout Society)**

Drug checking & naloxone training/supplies available

Wednesday and Saturday 2:00pm - 6:00pm

45951 Trethewey Avenue, 778-900-6303

### **OVERDOSE PREVENTION APPS**

#### **Lifeguard App**

Lifeguard App uses its lifesaving functionalities to automatically contact emergency responders if a user becomes unconscious or unable to function in the event of an overdose.

[lifeguarddh.com](http://lifeguarddh.com)

#### **NORS Line - National Overdose Response Line**

NORS is an overdose prevention hotline for Canadians providing, confidential, nonjudgmental support for you, whenever and wherever you use substances.

1-888-688-NORS (6677), [nors.ca](http://nors.ca)

## **HOUSING SUPPORT SERVICES**

### **Chilliwack Housing Hub/Annis Residence/SRSP**

Supports residents with access to private rental units and 1:1 staff support to maintain housing and access services and supports. Monday - Friday, 9:00am - 4:30pm

45921 Hocking Avenue, 604-795-5994

[pcrs.ca/our-services/chilliwack-housinVICESg-hub](http://pcrs.ca/our-services/chilliwack-housinVICESg-hub)

[pcrs.ca/our-services/chilliwack-housinVICESg-hub](http://pcrs.ca/our-services/chilliwack-housinVICESg-hub)

#### **BC Housing**

Monday - Friday, 10:00am - 4:00pm, 604-648-4270

[www.bchousing.org](http://www.bchousing.org)

## HOUSING SUPPORT SERVICES CONTINUED

### **Wilma's Transition Society - Homeless Prevention Program**

Monday – Friday, 8:30am – 4:30pm

Unit 101-7075 Vedder Road, 604-824-0939

wilmastransitionsociety.org

### **Connective - Homeless Prevention Program**

Monday - Friday 9:00am -5:00pm

604-226-6382, info@connective.ca

### **Salvation Army - Outreach**

Assisting individuals experiencing homelessness with long-term housing solutions and community housing applications.

By reservation only. Monday – Friday, 8:00am – 4:00pm

45746 Yale Road, 604-703-4524

chilliwackcc.outreach@salvationarmy.ca

## WELLNESS CENTRE

### **Chilliwack Wellness Center (Lookout Society)**

Seven days a week, 7:00am - 7:00pm

45951 Trethewey Avenue, 778-900-6303

## COUNSELLING SERVICES

### **Wilma's Transition Society: Free counselling services for women, men, and youth (age 8+)**

Intake is Monday – Friday 8:30am – 4:30pm

Unit 101-7075 Vedder Road, 604-705-2064

wilmastransitionsociety.org

### **Chilliwack Mental Health - Fraser Health**

Monday - Friday 8:30am - 4:30pm

45470 Menholm Road, 604-702-4860

### **Ann Davis Transition Society**

Free counselling services for women, men, children, and youth by self-referral. Intake is Monday – Friday, 9:00am – 5:00pm

9046 Young Road, 604-792-2875 anndavis.org

### **CAPS/Astra Youth Substance Use Counselling/Outreach**

Ages 13-23, Wednesday walk-in intake 9am-12pm

45921 Hocking Avenue, 604-795-5994

### **CAPS/Indigenous Wellness Substance Use Counselling/Groups**

Ages 19+, Wednesday walk-in intake 9am-12pm, 604-795-5994

## EMERGENCY & SUBSTANCE USE SERVICES CONT'D

### **Ruth & Naomi's Mission Revive and Pathways Shelters**

For ages 19+. Provides group-based support for individuals who are looking for an intensive day, evening or weekend outpatient substance use treatment program. Open 24/7.

46130 Margaret Avenue, 604-795-2322 ext. 401

[ranmission.ca/community-services](http://ranmission.ca/community-services)

### **Rapid Access to Addiction Care Clinic - Chilliwack General Hospital**

For individuals with substance use concerns with the goal of facilitating assessment, initial stabilization and transition to community-based clinics and services. Opioid Agonist Treatment services. Self referrals are welcome. Monday - Friday 9:00am -

5:00pm, 45600 Menholm Road, 604-703-6976

[fraserhealth.ca/Service-Directory](http://fraserhealth.ca/Service-Directory)

## HEALTH SERVICES

### **Chilliwack Health & Housing Centre - HIV/HCV Prevention Education Program (The Bus)**

Harm reduction for all ages through a mobile bus outreach in Chilliwack, Agassiz, and Hope to Boston Bar.

Seven days a week, Various locations, 604-795-5994

[pcrs.ca](http://pcrs.ca)

### **New Hope Health and Wellness Clinic**

No referral needed. Free drop-in, confidential access to health care services. By appointment or walk-in 9:00am - 12:00pm, Wednesday and Friday.

46129 Princess Avenue, 604-798-2183

Email: [nhhw@chilliwackdivision.ca](mailto:nhhw@chilliwackdivision.ca)

### **Cedar Strong**

Sexual assault services for anyone over 12 years of age who has experienced or been impacted by sexual violence.

Monday -Thursday, 8:30am - 3:30pm, 604-869-6337

[svrcn@hopetransition.org](mailto:svrcn@hopetransition.org)

### **Peer Support**

Chilliwack General Hospital - Emergency Department

Advocacy and harm reduction accessible through emergency department.

Seven days a week 8:00am - 4:00pm, 2:30pm-10:30pm

45600 Menholm Road, 1-236-522-1082

## HARM REDUCTION

### **PCRS – Harm Reduction**

Ages 19+ Seven days a week, 9:00am – 9:00pm

45921 Hocking Avenue, 604-795-5994, [pcrs.ca/chilliwack](http://pcrs.ca/chilliwack)

### **PCRS - CAPS / Indigenous Wellness**

Ages 19+. Counselling, outreach, relapse prevention, support groups, substance support, referrals to treatment.

Wednesdays, walk-in 9:00am - 12:00pm

45921 Hocking Avenue, 604-795-5994, [pcrs.ca/chilliwack](http://pcrs.ca/chilliwack)

### **Mountainside Harm Reduction Society**

Harm reduction supplies and drug checking. (For hours of operation, see DRUG CHECKING under OVERDOSE PREVENTION) [mtnsidesociety.ca](http://mtnsidesociety.ca)

### **Overdose Outreach Team (OOT)**

For services provide us with your name, address and phone number number by text 236-332-4857 or email [oot@fraserhealth.ca](mailto:oot@fraserhealth.ca)

### **Chilliwack Wellness Center (Lookout Society)**

Witnessed consumption site 7:00am - 7:00pm, harm reduction supplies available 24/7.

45951 Trethewey Avenue, 778-900-6303

### **Ruth and Naomi's Mission**

Seven days a week, 6:00am - 10:00pm, 46130 Margaret Avenue

## INCOME & EMPLOYMENT ASSISTANCE

### **Ministry of Social Development and Poverty Reduction**

(MSDPR) Computers available for use. Monday – Friday

9:00am – 4:00pm, 45540 Yale Road, 1-866-866-0800

### **WorkBC Employment Services Centre**

Offers in-person services by appointment, as well as virtual services. Monday – Thursday, 8:30am - 5:30pm

Friday, 9:00am – 4:30pm, 200-45905 Yale Road

778-860-5452, [workbccentre-chilliwack.ca](http://workbccentre-chilliwack.ca)

### **Salvation Army**

Support addressing barriers for long-term housing solutions.

Wednesday - Thursday, 10:00am - 3:00pm

45746 Yale Road, 604-703-4524

[chilliwacksa.ca](http://chilliwacksa.ca)



**CITY OF  
CHILLIWACK**

# **RESOURCES AND SERVICES**

**IN CASE OF EMERGENCY  
CALL 911**

## **WHERE TO CALL FOR HELP:**

**BC Nurse Line** 1-866-215-4700 or 811

**Fraser Health Crisis Line** 1-877-820-7444

**Help Line for Children** 604-310-1234

**Sexual Abuse Intervention Program** 604-792-4267  
(Available Mon – Fri, 9:00am - 4:30pm)

**S.M.A.R.T. Surrey Mobile Assault Response Team**  
604-244-2830 24-hour crisis response for women/  
gender diverse individuals who have experienced a  
physical or sexual assault.

**Kids Help Phone (24hr)** 1-800-668-6868

**Updated: March 2025**

## EMERGENCY & SUBSTANCE USE SERVICES

### **Adult Day, Evening, Weekend (DEW) Treatment Program - Chilliwack General Hospital**

Age 19+. Provides group-based support for individuals who are looking for an intensive day, evening or weekend outpatient substance use treatment program.

45600 Menholm Road, 1-888-587-3755, choose option 4 then 0.  
[fraserhealth.ca/Service-Directory](http://fraserhealth.ca/Service-Directory)

### **Chilliwack Health & Housing Centre**

Harm reduction. Open seven days a week 9:00am – 9:00pm

45921 Hocking Avenue, 604-795-5994

[pcrs.ca/service-resource-centres/chilliwack-health-housing-centre](http://pcrs.ca/service-resource-centres/chilliwack-health-housing-centre)

### **Chilliwack Health & Housing Centre - Chilliwack Substance Use and Prevention Services**

Age 19+. CAPS program and Indigenous Wellness, counselling, outreach, relapse prevention, support groups, substance-affected support, referrals to treatment programs.

Wednesdays, walk-in 9:00am - 12:00pm

45921 Hocking Avenue, 604-795-5994, [pcrs.ca](http://pcrs.ca)

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth ages 12-24. Intake is 24/7, self referrals welcome.

Meals 9:00am; 12:30pm; 6:00pm, 45845 Wellington Avenue  
604-795-5773, [cyruscentre.com](http://cyruscentre.com)

### **OASIS Residential Addiction Treatment Services at RAN Mission**

Provides group-based support for individuals who are looking for an intensive day, evening, or weekend outpatient substance use treatment program.

Women (ages 19+) Monday – Thursday, 8:00am – 3:00pm

46130 Margaret Avenue, 604-795-2322 ext. 207

Men (ages 19+) Monday – Thursday, 8:00am – 3:00pm

45466 Yale Road West, 604-799-7114

[ranmission.ca/services](http://ranmission.ca/services)

## **SHELTERS**

### **Ann Davis Women's Centre**

Women: shelter open 24/7. Office: 604-391-1993

Emergency Cell: 604-845-6535

[anndavis.org](http://anndavis.org)

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth (ages 12-24): Intake is 24/7, self referrals welcome

45845 Wellington Avenue, 604-795-5773

[cyruscentre.com](http://cyruscentre.com)

### **The Salvation Army – Shelters**

Women's shelter (ages 19+): intake is 24/7. 45746 Yale Road  
604-792-4486

Men's shelter (ages 19+) intake is 24/7. 45748 Yale Road  
604-392-8510 [chilliwacksa.ca](http://chilliwacksa.ca)

### **Ruth & Naomi's Mission Revive and Pathways Shelters**

Men and Women ages 19+: Open 24/7 46130 Margaret Avenue  
604-795-2322 ext. 401

[ranmission.ca/community-services](http://ranmission.ca/community-services)

### **Chilliwack Wellness Center - Shelter (Lookout Society)**

24/7 Shelter, 30 beds, 45951 Trethewey Avenue

778-900-6303, Case Planner: 604-378-0913

## **TRANSITION HOUSING**

### **Wilma's Transition House**

For single women and women with children. 24/7 crisis line.

604-858-0468

[wilmastransitionsociety.org/transition-house.html](http://wilmastransitionsociety.org/transition-house.html)

### **Switchback(Cyrus Centre)**

Ages 16-24 Low barrier housing.

Application and information - 604-392-6318

[www.cyruscentre.com](http://www.cyruscentre.com)

### **The Village - Chilliwack Community Services**

2nd Stage transitional housing program for youth ages 16 -18.

604-702-2900, [comserv.bc.ca/housing](http://comserv.bc.ca/housing)

### **Ann Davis Transition House**

Temporary safe shelter and support for adult women and women with children who are victims of domestic violence. The house is staffed 24 hours a day, pet-friendly, and works on a communal living model.

604-792-3116 or text at 604-819-3557, [anndavis.org](http://anndavis.org)

## SHOWERS & LAUNDRY

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth (ages 12-24). Seven days a week, 12:00pm – 5:00pm  
45845 Wellington Avenue, 604-795-5773, [cyruscentre.com](http://cyruscentre.com)

### **Pearl Life Renewal Society Drop-in Resource Centre for women.**

Drop in Wednesday – Friday, 10:00am – 3:00pm,  
Office: 604-402-4673/24hr Client Support: 604-791-1314  
[pearlliferenewal.com](http://pearlliferenewal.com)

### **Salvation Army - Outreach Showers:**

Monday – Friday, 8:00am – 3:00pm, Laundry: Monday – Friday  
8:00am – 2:00pm, 45746 Yale Road, 604-703-4524  
[chilliwacksa.ca](http://chilliwacksa.ca)

### **Chilliwack Wellness Center (Lookout Society)**

Guest Showers and Laundry 9:00am - 5:00pm (as available)  
45951 Trethewey Avenue, 778-900-6303

## MEALS

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth (ages 12-24): Seven days a week, Breakfast  
9:00am – 10:00am, Dinner 6:00pm – 6:30pm  
45845 Wellington Avenue, 604-795-5773, [cyruscentre.com](http://cyruscentre.com)

### **Pearl Life Renewal Society**

Drop-in Resource Centre for women.  
Drop in, Wednesday – Friday, 10:00am – 3:00pm  
Office: 604-402-4673 24hr/Client Support: 604-791-1314  
[pearlliferenewal.com](http://pearlliferenewal.com)

### **Ruth & Naomi's Mission**

Community Lunch, 12pm – 1pm  
Community Dinner, 6pm-7pm  
46130 Margaret Avenue, 604-795-2322  
[ranmission.ca](http://ranmission.ca)

### **Salvation Army Care and Share Centre**

Ages 19+. Community Lunch, Monday – Friday  
12:00pm – 1:00pm, 45746 Yale Road, 604-792-0001  
[chilliwacksa.ca](http://chilliwacksa.ca)

### **Chilliwack Wellness Center (Lookout Society)**

Seven days a week. Breakfast 7:30am to 9:00am  
Lunch 12:30pm - 2:00pm, Dinner 6:00pm to 7:00pm  
45951 Trethewey Avenue, 778-900-6303



## GROCERIES, FOOD HAMPERS & CLOTHING

### **Ann Davis Transition Society - Outreach Centre**

Clothing, Goods and Donations  
46230 Yale Road, 604-402-0014  
anndavis.org

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth (ages 12-24): Monday – Friday, 12:00pm – 4:00pm  
45845 Wellington Avenue, 604-795-5773  
cyruscentre.com

### **Ruth & Naomi's Mission Family Centre**

Single and family food hampers, Wednesdays 12:30. Eligible individuals/families are able to access hamper services every second week.  
Monday – Friday, 7:00am – 3:00pm  
46130 Margaret Avenue, 604-795-2322 ext. 110  
ranmission.ca

### **Salvation Army Care and Share Centre**

Pantry: Monday - Friday 10:00am - 3:00pm  
Food Bank/Hamper: Monthly, Monday – Friday, by appointment. 45746 Yale Road, 604-792-0001  
Email:Chilliwackcc.familyservices@salvationarmy.ca

### **Chilliwack Community Services - Youth "Reconnect"**

8937 School Street. Connect with a Reconnect worker at  
604-798-3246

## INDIGENOUS SERVICES

### **Stó:lō Service Agency**

For Indigenous service navigation for a variety of needs. Building 7, 7201 Vedder Road  
604-824-3200 stolonation.bc.ca

## OUTREACH SERVICES

### **Ann Davis Transition Society - Outreach Centre**

Monday – Friday, 9:00am – 5:00pm. 46230 Yale Road

Office: 604-402-0014/Cell: 604-819-3007

[anndavis.org](http://anndavis.org)

### **Salvation Army - Outreach Team**

Monday – Friday, 8:00am – 4:00pm

45746 Yale Road, 604-703-4524

[chilliwacksa.ca](http://chilliwacksa.ca)

### **Fraser Health & RainCity - ICM - Intensive Case**

**Management** Monday – Friday, 8:00am – 4:00pm

7955 Evans Road, 604-799-0173

[raincityhousing.org](http://raincityhousing.org)

### **Wilma's Transition Society**

Monday – Friday, 8:30am – 4:30pm

Unit 101-7075 Vedder Road, 604-705-2064

[wilmastransitionsociety.org](http://wilmastransitionsociety.org)

### **PCRS/Cyrus Coordinated Community Outreach**

Youth and Adults, Seven days a week

45921 Hocking Avenue, 604-795-5994

[pcrs.ca/chilliwack](http://pcrs.ca/chilliwack)

**Cyrus:** Outreach to youth (ages 12-24) experiencing

homelessness. Monday – Friday, 7:00am – 4:30pm

45845 Wellington Avenue, 604-217-1034

[cyruscentre.com](http://cyruscentre.com)

### **Hummingbird Community Outreach**

2SLGBTQIA+ and Gender Expansive support & outreach. Ages 24 and under.

778-933-2767, Kassaundra Benoit - Program

Manager [info@hummingbirdoutreach.com](mailto:info@hummingbirdoutreach.com)

## OUTREACH SERVICES CONTINUED

### **Pearl Life Renewal Society**

Drop-in resource centre for women

Wednesday – Friday, 10:00am – 3:00pm.

Tuesdays community outreach.

Support Appointment from Wednesday - Friday, 3:00pm - 5:00pm.

Office: 604-402-4673/24hr Client Support: 604-791-1314

pearlliferenewal.com

### **Chilliwack Community Services - Youth "Reconnect"**

8937 School Street. Reconnect worker can be reached at

604-798-3246, [www.comserv.bc.ca/youth-services/](http://www.comserv.bc.ca/youth-services/)

### **IHART - Integrated Homelessness Action Response Team, Fraser Health**

Multi-disciplinary health care team providing low barrier wrap around support for community members experiencing homelessness.

1-236-332-1435

Email: [ihart.chilliwack@fraserhealth.ca](mailto:ihart.chilliwack@fraserhealth.ca)

### **Cedar Strong**

Sexual assault services for anyone over 12 years of age who has experienced or been impacted by sexual violence.

Monday -Thursday, 8:30am - 3:30pm

604-869-6337, [svrcn@hopetransition.org](mailto:svrcn@hopetransition.org)

**Please note, we do our best to update this list regularly, but programs and details are subject to change. Please contact before visiting to ensure times and services have not changed.**