

Spring / Summer 2025

Ceisure Ceisure

Includes:

Swim Schedules
 Community Schools
 Senior Programming
 YMCA
 And More!

INCLUDES Hiking Maps

> Photo Credit: Vlad D unsplash.com/@hiking_corgi



After the winter season, we welcome warmer temperatures, longer days, and more time spent outdoors. I look forward to spending time hiking trails in the Chilliwack Community Forest and riding my bike along the Vedder Rotary Trail. Chilliwack's parks and trails are the perfect way to get out and explore this season.

In addition to Chilliwack's endless supply of outdoor recreational opportunities, the program lineup in this Leisure Guide offers something for everyone. Take a look at what's being offered this season for some inspiration for your spring/summer activities. Thank you to those who continue to provide valuable programs for our community.

On behalf of Chilliwack City Council, I hope you will take some time out of your day to flip through this guide to see some of the ways we can all stay active in Chilliwack. Feel free to visit us online at **chilliwack.com** for updates on projects and events or follow us on social media:

www.facebook.com/Chilliwack www.instagram.com/thecityofchilliwack City of Chilliwack (@City_Chilliwack) / X

See you out there!

Mayor Ken Popove Chilliwack, BC





Photo Credit: Nicholas Bullet unsplash.com/@munkstt

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The City of Chilliwack acknowledges that we are honoured to live, work, and play on the traditional, ancestral and unceded territory of the Stó:lō Coast Salish peoples.





City of Chilliwack Recreation & Culture

8550 Young Road Chilliwack BC V2P 8A4 604-793-2904 https://www.chilliwack.com/ recreationandculture@chilliwack.com

Facility Rental Information

The City of Chilliwack has a variety of facilities that can accommodate your needs. Whether it is for a conference, meeting, fundraiser, family event, party or sporting activity, we have multiple locations that can accommodate group sizes from 20-1600 people. Please read the information below to help you determine the best location for your event and for any additional information or to book a facility, please call the Recreation and Culture Department at 604-793-2904.

Evergreen Hall



Located at 9291 Corbould Street, the Evergreen Hall has multiple rooms to host meetings, parties, fundraisers and sporting events.

The premier venue at Evergreen Hall is the Cheam Room which is a full-size gymnasium containing a stage, commercial kitchen and a segregated serving kiosk. The Cheam room holds up to 450 people in a banquet setting and 650 people in theatre seating.

Other gathering facilities at Evergreen Hall include:

The Slesse Room – hosts up to 75 people in a banquet setting and is adjacent to the commercial kitchen. **The Minto Room** – hosts up to 30 people and includes a small galley kitchen for use.

Tables and chairs are available for use, at no charge, when you book a room at the Evergreen Hall. The Recreation and Culture Department will help assist you with your questions and booking requirements at 604-793-2904.

The Landing Sports Centre



Located at 45530 Spadina Avenue, the Landing Sports Centre has multiple rooms that are available and it also holds our largest space/room for bookings. The Landing Sports Centre can host such events as tennis, volleyball, galas, vendor markets, pickleball, roller derby, wedding as well as weekend sports tournaments. The facility is also equipped with an elevator for those with mobility concerns.

The main floor can be rented in its entirety, or it can be divided into 2 sections. The main floor has a capacity of 1600 people, 900 people maximum for an event where alcohol is being served. When hosting a tournament, the loft room can also be rented as a viewing platform or a location for food to be served, or where tournament participants can relax in between their games.

The Loft - has a capacity of 250 people in a banquet setting and 300 people in a theatre seating. This space also includes a small kitchen and a viewing gallery of the main floor.

The Clover Room - hosts meetings of up to 30 people, and it has a small kitchen in the room as well.

Table and chairs are also available at no charge.





Atchelitz Hall



Located at 6542 Lickman Road, the Atchelitz Hall can be rented out as a full hall or either the upper or lower floors, and/or the meeting room. You can host your meetings, family gatherings/parties, square dancing and other sporting activities can be held here. The facility also contains a small kitchen on site.

The upper/main floor is a full-size gymnasium with a stage and will hold 250 in a banquet setting and 340 in theatre seating. The lower floor will hold 240 and it has a full-size kitchen that is available to be rented. The sole meeting room has a fireplace with a large boardroom style table and can hold up to 20 people. Tables and chairs are available for use, at no charge.

Sardis Sports Complex



The Sardis Sports Complex, located at 5725 Tyson Road hosts, three full size sheets of ice, ideal for hosting large sporting events all year round. The Chilliwack Minor Hockey, Cheam Figure Skating Club, Chilliwack Ringette Association, Chilliwack Minor Lacrosse, the Sardis Fliers Speed Skating Club several hockey academies and a local junior hockey program are just a few of the organizations who call the Sardis Sports Complex home. With several multipurpose and retrofitted rooms, the Sardis Sports Complex has rental spaces available to host meetings, social gatherings and birthday parties.

Skate Shop



The Sardis Sports Complex has skate rentals in a variety of sizes available. Note: The skate rental kiosk is located in the lobby between ice sheet #1 and ice sheet #2.

Rentals costs are available as follows:

Buy 6 Get 8 for \$30.00 Buy 8 Get 13 for \$50.00 Buy 15 Get 20 for \$75.00

Public Programs

The City of Chilliwack offers a variety of public programs at the Sardis Sports Complex and Coliseum. Public skating, parent and tot skating, special events and drop in hockey are just a few that are delivered. For an up to date skating schedule please scan the QR code or contact the Recreation and Culture department at 604-793-2904.









City of Chilliwack Recreation & Culture

8550 Young Road Chilliwack BC V2P 8A4 604-793-2904 https://www.chilliwack.com/ recreationandculture@chilliwack.com

Outdoor Sports Venues

The City of Chilliwack has more than 59 sports fields and 95 ball diamonds available to the community for recreation and league play. All groups and organizations wanting to play on any of these fields must first obtain a Facility Use Agreement from the Recreation and Culture Department. Regular sports groups should contact their league scheduler for times and fields available.

Townsend Park



Townsend Park is a 15-hectare park west of downtown Chilliwack. The park is equipped with a play area, change rooms, concession, washrooms and other amenities. The Wolfe family washroom is open from dawn to dusk. This outdoor facility also has a walking trail around its perimeter, which is approximately 2.3 km in length. This complex contains 5 multipurpose pitches, three of which are lit; and six lit softball diamonds, as well as a turf field. The Townsend turf field is an all-weather field correctly lined for football, soccer and field hockey. It is available for both competition and for practice. Complete with a scoreboard and an announcer's viewing tower, fixed bleachers are provided and there is excellent lighting available.

Exhibition Stadium

The Exhibition Turf Field was established in 2002 and is an all-weather field correctly lined for, soccer, field hockey and football (Canadian and American). This stadium is an excellent facility to host field events that can seat up to 2,500 people in the grandstands and includes washrooms, a scoreboard and change rooms.

QFairfield Park

Fairfield Park in one of Chilliwack's mid-sized public parks and sporting facilities. This park offers walking paths, dog off-leash areas, a picnic area, a playground and washrooms. There are two full sized multi sport fields, two pee wee diamonds and two midget diamonds, one which is lit.







Parks

From large community parks such as Townsend or Vedder Park, to a number of neighborhood greenspaces, Chilliwack's many parks and trails offer something for everyone. Not sure what you're looking for, just search all of the City's parks or trails by ammenity through our website using the QR code above.

Q Jinkerson Park

New MUGA (Multi-Use Gaming Area) was installed at this park. Includes dog off-leash park, multiple playgrounds, paved pathways, and a pump track.



Kinsmen Park

Existing Pickleball Courts were converted to a multi sport play area (MUGA). It includes hockey and basketball nets and sport court surfacing. Completed by large, open, grass areas, a picnic area, a playground, asphalt looping pathway and washrooms, this park has become a favourite destination for area residents.



Crimson Ridge

Crimson Ridge Park and Dog Off-Leash. With a stunning viewpoint overlooking Sardis, this park features an age 5-12-year-old playground with guardian viewing areas, a dedicated dog off-leash area suitable for all dog sizes, disposal stations, a water fountain that includes a dog bowl. This park is the trail connection link to the crimson ridge trails.



Sardis Park

This community park offers playgrounds, picnic tables, the pond walk and washrooms. The Park was newly remodelled in 2024, keeping the heritage turtle that has been a part of the park for 40 plus years. It was re-finished and painted to resemble a western painted turtle as found in the Sardis park pond.







City of Chilliwack Recreation & Culture

8550 Young Road Chilliwack BC V2P 8A4 604-793-2904 https://www.chilliwack.com/ recreationandculture@chilliwack.com

Chilliwack Walks

Participate by completing up to eight walks in eight weeks (one per week) between the months of June and July.

Get active and feel confident this summer, while helping our local community win \$100,000 to support local sports and fitness activities in Chilliwack! This year the City of Chilliwack is partnering with the YMCA to partake in the participACTION Community Challenge. Every year from June 1st to 30th, ParticipACTION searches for Canada's most active community, encouraging us to get up and start moving. Bob Chan-Kent Family YMCA, along with local municipal facilities and community centres, are taking part in the challenge and you can too!

- Walk around your own neighbourhood for 3-6 kms or follow some of our pre-mapped walks that can be downloaded below.
- Send a picture of yourself on your walk to community@chilliwack.com. Every picture you submit will count as one entry towards prize packages from the YMCA and the City of Chilliwack! Limit of one entry per week.*

*Entries must be submitted by September 1, 2025 11:59 pm. Winners will be contacted by September 12, 2025.



Chilliwack Walks is part of the Chilliwack Active For Life initiative which is a partnership between the City of Chilliwack and the Chilliwack Family YMCA.

2025 Walk Details

- June 1, 2025 July 20, 2025
- All walks are self-led. There will be no scheduled group walks and no volunteers leading walks.
- There will be no passports to complete or return. Contest entry will require participants to share photos of themselves on their walks.

Unless otherwise indicated by contest entrant, it is understood that all photos submitted have been consented by the entrant and those in the photo to be used by the City of Chilliwack.







Chilliwack Landing Leisure Centre

1-9145 Corbould Street Chilliwack, BC 604-793-SWIM (7946) x 0 ChilliwackLandingLeisureCentre.ca @ @chwkleisure @ @theCLLC

The Chilliwack Leisure Centres offer fantastic amenities for the whole family to enjoy. Drop by for a swim, or try a group fitness class. Get active in our fitness area with some weights or cardio while the kids make a splash in our pool.



The Chilliwack Landing Leisure Centre has a family wave pool with a waterslide, tot pool and a lazy river.

Chilliwack Landing Leisure Centre - Aquatic Schedule



Spring Schedule

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Leisure Pool Family Hot Tub	10:00am-1:30pm 4:00pm-9:00pm	10:00am-2:00pm 4:00pm-9:00pm	10:00am-9:00pm	10:00am-2:00pm 4:00pm-9:00pm	10:00am-1:30pm 4:00pm-9:00pm	9:00am-8:00pm	11:00am-6:00pm
Main Pool Adult Hot Tub, Steam Room, Sauna	6:00am-10:00am 1:30pm-9:30pm	6:00am-10:00am 2:00pm-9:30pm	6:00am-10:00am 12:00pm-9:30pm	6:00am-10:00am 11:30pm-9:30pm	6:00am-10:00am 1:30pm-9:30pm	9:00am-8:30pm	7:00am-6:30pm
			FEATU	JRES			
Waves Periodically	10:00am-12:00pm 7:00pm-9:00pm	11:00am-1:30pm 7:00pm-9:00pm	10:00am-12:00pm 7:00pm-9:00pm	11:00am-2:00pm 7:00pm-9:00pm	10:00am-12:00pm 4:00pm-9:00pm	12:30pm-6:00pm	11:00am-6:00pm
Water Slide Periodically	11:00am-1:30pm 7:00pm-9:00pm	10:00am-1:30pm 7:00pm-9:00pm	11:00am-1:30pm 7:00pm-9:00pm	10:00am-2:00pm 7:00pm-9:00pm	10:00am-1:30pm 4:00pm-9:00pm	12:00pm-8:00pm	12:00pm-6:00pm
Diving Boards	8:00pm-9:30pm	8:00pm-9:30pm	8:00pm-9:30pm	8:30pm-9:30pm	6:30pm-9:30pm	12:00pm-8:30pm	11:00am-6:30pm
	•		PROG	RAMS			
Gentle Shallow Aquafit		11:30am-12:30pm		11:30am-12:15pm			
Deep Aquafit		1:00pm-2:00pm	8:30am-9:30am	1:00pm-2:00pm	8:30am-9:30am		
Physio Swim	12:00pm-1:30pm	10:00am-11:30am	12:00pm-1:30pm	10:00am-11:30am	12:00pm-1:30pm		
Swim Lessons March 31 to June 28	9:00am-11:00am 4:00pm-7:30pm	4:00pm-7:30pm	9:00am-11:00am 4:00pm-7:30pm	4:00pm-7:30pm		9:00am-12:30pm	
			LANES	SWIM			
Lane Swim (Minimum Number of Lanes Available)	6:00am-10:00am *6 <i>lanes min</i> *	6:00am-7:00am *2 lanes min*	6:00am-8:30am *6 lanes min*	6:00am-8:00am *2 lanes min*	6:00am-8:30am *6 lanes min*	10:00am-8:30pm *2 lanes min*	7:00am-9:00am *6 <i>lanes min*</i>
	1:30pm-3:30pm *6 <i>lanes min</i> *	7:00am-8:30am *6 <i>lanes min</i> *	8:30am-10:00am *2 lanes min*	8:00am-10:00am *6 <i>lanes min</i> *	8:30am-10:00am *2 lanes min*		9:00am-6:30pm *2 lanes min*
	9:00pm-9:30pm *2 lanes min*	2:00pm-4:00pm *6 lanes min*	12:00pm-3:30pm *6 <i>lanes min</i> *	12:30pm-2:00pm *2 lanes min*	1:30pm-3:30pm *6 lanes min*		
		9:00pm-9:30pm *2 lanes min*	9:00pm-9:30pm *2 lanes min*	2:00pm-4:00pm *6 lanes min*	9:00pm-9:30pm *2 lanes min*		
				9:00pm-9:30pm *2 lanes min*			



YMCA BC	Chilli	wack Lan	ding Leis	ure Centre		IILIWACK
	Fitne	ss Schedul	е		CH	IILLIWACK
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Deep Aquafit 8:30am-9:30am Main pool		Deep Aquafit 8:30am-9:30am Main pool		
Fusion 9:45am-10:45am Fitness Studio	LIIT 9:30am-10:30am Fitness Studio	Fusion 9:45am-10:45am Fitness Studio	Cardio Sculpt 9:30am-10:30am Fitness Studio	Total Body Fit 10:00am-11:00am Fitness Studio	Pilates 9:00am-9:45am Fitness Studio	
Strength and Balance 11:00am-12:00pm Fitness Studio	Core and Stretch 10:45am-11:30am Fitness Studio	Strength and Balance 11:00am-12:00pm Fitness Studio	Pilates 10:45am-11:30am Fitness Studio	Hatha Yoga 11:15am-12:15pm Fitness Studio		
	Gentle Shallow Aquafit 11:30am-12:15pm Main pool		Gentle Shallow Aquafit 11:30am-12:15pm Main pool			
	Deep Aquafit 1:00pm-2:00pm Main pool		Deep Aquafit 1:00pm-2:00pm Main pool			
Zumba 5:30pm-6:30pm Fitness Studio	Hatha Yoga 5:30pm-6:30pm Fitness Studio					

To avoid disappointment, please sign up for class at the front desk up to 30min before the start time. Classes fill up fast! Fitness classes do not run on stat holidays. This schedule is subject to change.

For the most up to date schedule information follow us on Facebook and Instagram

YMCA BC

Chilliwack Landing Leisure Centre



Child, Youth, and Family Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			Morning			
	Family Play Time (D) Multipurpose Room 9:00am-11:30am		Childminding (D) Childminding Room 9:00am-11:30am	Childminding (D) <i>Childminding Room</i> 9:00am-11:30am	Childminding (D) <i>Childminding Room</i> 8:30am-12:30pm	Craft Birthday Party (R) Multipurpose Room 10:30am-12:30pm
					Pool Birthday Party (R) Pool Deck 10:30am-12:30pm	
			Afternoon			
				Family Play Time (D) Multipurpose Room 12:30pm-3:00pm	Pool Birthday Party (R) Pool Deck 2:00pm-4:00pm	Pool Birthday Party (R) Pool Deck 2:00pm-4:00pm
						Craft Birthday Party (R) Multipurpose Room 2:00pm-4:00pm
			Evening			
Active Kids (A) <i>Fitness Studio</i> 4:15pm-5:30pm		Childminding (D) Childminding Room 5:30pm-7:30pm		Pool Birthday Party (R) Pool Deck	Pool Birthday Party (R) Pool Deck	

To register for Active Kids, School's Out! Kids or to reserve a birthday party, please visit: Chilliwack Landing Leisure Centre | YMCA BC

Please note there are no CYF programs on the holidays of April 18th, April 21st or May 19th 2025.

Please note that this schedule is subject to change, please contact 604-793-7946 for any schedule inquiries.





Chilliwack Landing Leisure Centre

Chilliwack Landing Leisure Centre V УМСА ВС

Child, Youth and Family Programs Guide 🦇 🖽

PROGRAM NAME	AGE	DESCRIPTION
Active Kids	8-12 years	In YMCA Active Kids, activities are well structured, positive and fun, and concentrate on developing the ABC's - agility, balance, coordination and speed. Registered Activity
Birthday Party - Craft	3+ years	Get crafty during your child's next birthday! Includes craft supplies and instructions for each child to take home their creation. Geared towards children turning 3 and older for up to 14 guests. All parties require a minimum of 3 adults present for supervision. Reservation required 21 days in advance
Birthday Party - Gym	2+ years	Get active celebrating your child's birthday in our gymnasium! Choose between sports and mini gym. Sports includes equipment for basketball, soccer, and hockey. Mini gym includes soft play equipment, slides, ride on toys and a parachute. Geared towards children turning 2 and older for up to 14 guests. All parties require a minimum of 3 adults present for supervision. Reservation required 21 days in advance
Birthday Party - Pool	7+ years	Make a splash celebrating your child's birthday party at the Pool! Includes swimming, private rea on the pool deck (Chilliwack Landing) or birthday party room (Cheam). Geared towards children turning 7 and older, for up to 12 guests. All parties require a minimum of 3 adults present for supervision. Reservation required 21 days in advance
Childminding	3 months – 10 years	YMCA Childminding is available for children ages 3 months – 10 years for parents/guardians to enjoy a workout or meet a friend – child free! Parent/Guardian must remain in the building.
Family Play Time	0-6 years	Family Play time is a great opportunity to drop in with your children and spend quality time together playing interactive activities. Our playroom is filled with toys and soft play equipment, perfect for building gross motor skills. Parent/Guardian participation required.
Indoor Family Playground	0-9 years	Equipment and toys are set be in the gymnasium for families to play physically active games together, climb on the soft play equipment, play sports and more; perfect for building gross motor skills. Parent/guardian participation required.
School's Out! Kids	5-10 years	School's Out! Kids is a half day (9:00am-1:00pm) program designed to keep your children busy and active on a Pro-D day. During the programs children will participate in games, crafts and outdoor activities. Registered activity
Spring Kids – Outdoor Week	5-10 years	A full day program to keep your child busy and active during Spring break! During Spring Kids - Outdoor Week children will experience the great outdoors by going on nature walks, visiting "the woods" in Garrison, playing at the playground and other outdoor games. Adult participation/supervision is required during swim times, the rest of the time your child will be left in the care of our trained staff. Registered activity
Spring Kids – Sports Week	5-10 years	A full day program to keep your child busy and active during Spring break! During Spring Kids - Sports Week children will play sports and games in the gymnasium and outside and will go swimming. Adult participation/supervision is required during swim times, the rest of the time your child will be left in the care of our trained staff. Registered activity
Red Cross Babysitter's Course	11-16 years	Learn the basics of being a babysitter. Topics include how to be a responsible leader, caring for children, creating safe environments and more. Delivered by First Aid Hero, a Canadian Red Cross training partner. Registered activity
Red Cross Stay Safe Course	9-14 years	Learn how to stay safe at home and in the community. Topics include preparing for and recognizing unexpected situations, basic first aid skills, and more. Delivered by First Aid Hero, a Canadian Red Cross training partner. Registered activity





45501 Market Way Chilliwack, BC 604-824-02311 **CheamLeisureCentre.ca**

The Cheam Leisure Centre has fitnessprograms for all ages, swimming lessons, squash courts, and drop-in programs.

• Follow us

⑦ @cheamlc ◎ @cheamleisurecentre



	Cheam	Leisure Ce	entre - Aqua	atic Sched	ule 🛷 ö	ĤÎLIWAC K
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			Morning			
Lane Swim 6 lanes 6:00am-8:25am	Lane Swim 6 lanes 6:00am-8:25am	Lane Swim 6 lanes 6:00am-8:25am	Lane Swim 6 lanes 6:00am-8:25am	Lane Swim 6 lanes 6:00am-8:25am	Rental 7:00am-8:15am <i>Using 3 lanes</i>	Swim Club 7:30am-11:30an <i>6 lanes</i>
Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Leisure Swim 6:00am-9:30pm	Rental 8:15am-10:30am <i>Using 1 lane</i>	Rental 8:30am-11:30an Using 6 lanes
Blended Aquafit 8:30am-9:30am	Lane Swim <i>3 lanes</i> 9:30am-12:30pm	Blended Aquafit 8:30am-9:30am	Blended Aquafit 8:30am-9:30am	Blended Aquafit 8:30am-9:30am	Leisure Swim 7:00am-6:00pm	Swim Lessons 11:30am-2:30pn 3 lanes
Public Swim 9:30am-12:30pm <i>1 lane</i>		Public Swim 9:30am-12:30pm <i>1 lane</i>	Lane Swim 9:30am-12:30pm <i>3 lanes</i>	Public Swim 9:30am-12:30pm <i>1 lane</i>	Lane Swim 7:00am-8:15am 2 lanes 8:15am-10:30am 4 lanes 10:30am-1:00pm 6 lanes	Lane Swim 11:30am-2:30pn <i>3 lanes</i>
Swim Lessons 10:00am-12pm Leisure pool		Swim Lessons 10:00am-12:00pm Leisure pool				
			Afternoon			
Lane Swim 3 lanes 12:30pm-4:00pm	Physio Swim 12:30pm-2:00pm <i>3 lanes</i>	Lane Swim 12:30pm-4:00pm <i>3 lanes</i>	Physio Swim 12:30pm-2:00pm <i>3 lanes</i>	Lane Swim 12:30pm-4:00pm <i>3 lanes</i>	Public Swim 1:00pm-6:00pm <i>1 lane</i>	Public Swim 2:30pm-8:30pm 1 lane
	Lane Swim 12:30pm-2:00pm <i>3 lanes</i>		Lane Swim 12:30pm-2:00pm <i>3 lanes</i>			
	Public Swim 2:00pm-4:00pm <i>1 lane</i>		Public Swim 2:00pm-4:00pm 1 lane			
			Evening			
Lanes Swim 4:00pm-8:30pm <i>2 lanes</i>	Swim Lessons 4:00pm-7:00pm Lesiure & 2 lanes	Lane Swim 4:00pm-8:30pm <i>2 lanes</i>	Swim Lessons 4:00pm-7:00pm Leisure & 2 lanes	Lane Swim 4:00pm-6:30pm <i>2 lanes</i>		
Swim Club 4:00pm-6:30pm <i>4 lanes</i>	Swim Club 4:00pm-6:30pm <i>4 lanes</i>	Swim Club 4:00pm-6:30pm <i>4 lanes</i>	Swim Club 4:00pm-6:30pm 4 lanes	Swim Club 4:00pm-6:30pm <i>4 lanes</i>		
Swim Club 6:30pm-8:30pm 4 lanes	Blended Aquafit 7:00pm-8:00pm	Stingrays 6:30pm-8:30pm 4 lanes	Lane Swim 7:00pm-8:00pm 2 lanes	Public Swim 6:30pm-9:30pm 1 lane		
Public Swim 8:30pm-9:30pm <i>1 lane</i>	Public Swim 8:00pm-9:30pm <i>1 lane</i>	Public Swim 8:30pm-9:30pm 1 lane	Rental 7:00pm-8:00pm 4 lanes			
			Public Swim 8:00pm-9:30pm 1 lane			





Cheam Leisure Centre



Child, Youth, and Family Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			Morning			
Childminding (D) <i>Childminding Room</i> 8:00am-10:30am		Childminding (D) <i>Childminding Room</i> 8:00am-10:30am	Childminding (D) <i>Childminding Room</i> 8:00am-11:30am		Craft Birthday Party (R) Party Room 2 11:30am-1:30pm	Indoor Family Playground (D) South Gym 8:00am-10:45am
		Indoor Family Playground (D) South Gym 9:30am-12:00pm			Gym Birthday Party (R) Party Room 1 11:30am-1:30pm	
			Afternoon		•	•
			Indoor Family Playground (D) South Gym 2:15pm-4:45pm		Pool Birthday Party (R) Party Room 2 2:30pm-4:30pm	Craft Birthday Party (R) Party Room 2 12:30pm-2:30pm Pool Birthday Party (R) Party Room 1 2:30pm-4:30pm
			Evening		•	
	Active Kids (A) North Gym 4:00pm-5:15pm		Childminding (D) Childminding room 5:30pm-8:00pm	Pool Birthday Party (R) Party Room 2 6:30pm-8:30pm	Gym Birthday Party (R) Party Room 2 4:30pm-6:30pm	Gym Birthday Party (R) Party Room 2 4:30pm-6:30pm
	Childminding (D) Childminding Room 5:30pm-8:00pm					

To register for Active Kids, School's Out! Kids or to reserve a birthday party, please visit: Cheam Leisure Centre | YMCA BC

Please note there are no CYF programs on the holidays of April 18th, April 21st or May 19th 2025.

Please note that this schedule is subject to change, please contact 604-824-0231 for any schedule inquiries.

YMCA BC		Cheam Le	eisure Cent	re 🖉	CHILLI	WACK
	Fitnes	ss Schedule	9			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			Early Morning			
		Sculpt and Tone 6:15am-7:15am North Gym Pilates 6:30am-7:15am	HIIT/Circuit 6:15am-7:00am North Gym Pilates 6:30am-7:15am			
Aquafit 8:30am-9:30am Pool		MP Room Aquafit 8:30am-9:30am Pool	MP Room Aquafit 8:30am-9:30am Pool	Aquafit 8:30am-9:30am Pool		
		HIRT 8:15am-9:15am South Gym	Indoor Cycle 8:15am-9:15am Indoor cycle room	Yoga 8:15am-9:30am MP Room		
			Morning			
	Pilates 9:00am-9:45am MP Room		Pilates 9:00am-9:45am MP Room	Cardio Strength/ Circuit 9:00am-10:00am Full Gym		
Strength and Balance 9:15am-10:15am Full Gym	Cardio Sculpt 9:30am-10:30am North Gym	Total Body Strength 9:15am-10:15am North Gym	Zumba 9:15am-10:15am North Gym	Yin Yoga 9:45am-11:00am MP Room	Fusion 9:15am-10:00am MP Room	
		Pilates 9:30am-10:30am MP Room	Strength and Balance 10:30am-11:30am Full Gym	Lifefit 10:30am-11:15am MP Room	Zumba 10:15am-11:15am North Gym	
			Afternoon			
	Zumba 5:45pm-6:45pm North Gym	Yoga 5:00pm-6:15pm MP Room	Zumba 5:30pm-6:30pm North Gym			
	Aquafit 7:00pm-8:00pm Pool	Yin Yoga 6:30pm-7:45pm MP Room				

To avoid disappointment, please sign up for class at the front desk up to 30min before the start time. Classes fill up fast! Fitness classes do not run on stat holidays. This schedule is subject to change.

For the most up-to-date schedule follow us on Facebook and Instagram.

Cheam Leisure Centre - Gymnasium Schedule

Area Guide - (FG) Full Gymnasium (NG) North Gymnasium (SG) South Gymnasium

У УМСА ВС

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		•	Morning			
Pickleball – Beginner (SG) 6:00-8:00am	Drop in Basketball (FG) 6:00-9:00am	Pickleball – All Levels (SG) 6:00-8:00am	Drop in Basketball (SG) 6:00-9:00am	Pickleball – All Levels (SG) 6:00-8:00am	Family Drop- in (SG) 8:00-11:00am	Pickleball – All Levels (NG) 7:00-9:00am
Drop in Basketball (NG) 6:00-8:30am	Cardio Sculpt (NG) 9:30-10:30am	Sculpt and Tone (NG) 6:15-7:15am	HIIT Circuit(NG) 6:15-7:00am	Cardio Strength Circuit (FG) 9:00-10:00am	Zumba (NG) 10:15-11:15am	Indoor Family Playground (SG) 8:00-10:45am
Strength and Balance (FG) 9:15-10:15am	Pickleball – Ladies (NG) 10:45-12:00pm	HIRT (SG) 8:15-9:15am	Zumba(NG) 9:15-10:15am	LifeFit (NG) 10:30-11:15am		Drop in Badminton (FG) 10:45-12:45pm
	Pickleball – All levels - (SG) 10:45-12:00pm	Total Body Strength (NG) 9:15-10:15am	Strength and Balance (NG) 10:30-11:30am			·
		Indoor Family Playground (SG) 9:30-12:00pm				
			Afternoon			
Family Drop-in (SG) 2:00-3:00pm	Pickleball – All levels (FG) 12:00-2:30pm	Drop in Basketball (NG) 12:00-3:00pm	Indoor Family Playground (SG) 2:15-4:45pm	Pickleball – Beginner (FG) 12:00-2:30pm	Drop in Ball Hockey (FG) 1:30-4:30pm	
	Youth Drop in (SG) 3:00-6:00pm		Youth Drop in (NG) 3:00-5:30pm	Drop in Basketball (SG) 2:30-4:30pm	· · · · ·	
			Evening			
Drop in Basketball (FG) 7:00-9:45pm	Zumba (NG) 5:45-6:45pm		Zumba(NG) 5:30-6:30pm	Drop-in Soccer (NG) 5:00-7:00pm	Drop in Volleyball (NG) 5:00-7:00pm	Drop in Volleyball (NG) 5:00-7:00pm
· · · · ·	Drop in Ball Hockey (FG) 7:00-9:45pm			Drop in Volleyball - (SG) 5:00-7:00pm	Drop in Basketball (FG) 7:00-8:45pm	Drop in Basketball (FG) 7:00-8:45pm
				Drop in Badminton (FG) 7:00-9:45pm		



Rotary Outdoor Pool

Open this Summer! 46245 Reece Ave, Chilliwack, BC V2P 3A9 (604) 795-5562 gv.ymca.ca/chilliwack-rotary-pool

For hours and opening visit our website - www.gv.ymca.ca/chilliwack-rotary-pool Follow us on Facebook - www.facebook.com/chilliwackoutdoorpool





Swim Lessons

DETAILS: We offer lessons for all ages including private lessons. Visit our website or MyLeisureY. ca for swim lesson registration dates and more information.



Age Groups	Red Cross Program	Lifesaving Society Program	YMCA Program
0-2 years old accompanied by	Starfish	Parent and Tot 1	Parent and Tot 1/ Splasher
parent	Duck	Parent and Tot 2	Parent and Tot 2/ Bubblers
	Sea Turtle	Parent and Tot 3	Parent and Tot 2/ Bubblers
3-5 years old	Sea Turtle	Preschool A	Preschool 1/ Bobber
accompanied by a parent	Salamander	Preschool A	Preschool 2/ Floater
or on their own	Salamander	Preschool B	Preschool 3/ Glider
OWIT	Sunfish	Preschool B	Preschool 4/ Diver
	Crocodile	Preschool C	Preschool 5/ Surfer
	Whale	Preschool D	Preschool 6/ Jumpers
6-12 years old	Swim Kids 1	Swimmer 1	Otter
	Swim Kids 2	Swimmer 2	Seal
	Swim Kids 2/3	Swimmer 3	Dolphin
	Swim Kids 4/5	Swimmer 4	Swimmer
	Swim Kids 6	Swimmer 5	Swimmer
	Swim Kids 7	Swimmer 6	Star 1
	Swim Kids 8	CSP- Rookie	Star 2/3
	Swim Kids 9	CSP- Ranger	Star 3/4
	Swim Kids 10	CSP- Star	Star 5/6
	Swim Kids 10	Bronze Star	Bronze Star







LIT Aquatics Training

DETAILS: Become a Lifeguard or Swim Instructor! Delivered in partnership with LIT Aquatics, our programs offer a chance to learn essential life skills and start your career helping others.

Courses include:

- ✓ First Aid Courses
- ✓ Standard First Aid & CPR C and recertification
- ✓ Bronze Medallion
- ✓ Bronze Cross
- ✓ National Lifeguard and recertification
- YMCA Swim Instructor Course

To find a time or register for a course, visit **firstaidtrainingcourses.ca**

Child, Youth and Family

Indoor Family Playground

DETAILS: A program for families to play physically active games together, climb on the gymnastics equipment, play sports and more. Equipment and toys will be set up for families to enjoy. Ages 0-9. Parent participation required.

Active Kids

DETAILS: After school program for ages 8-12. Activities are well structured, positive, and fun, and focus on the ABC's: agility, balance, coordination and speed. Registration required.

School's Out! Kids

DETAILS: A half-day program to keep your kids busy and active on a Pro-D day. During the program children will participate in games, crafts and outdoor activities.

Special Events for Kids

Birthday Parties

DETAILS: Choose the type of party you want for your child and their friends. From pool parties to events that focus on arts and crafts, we have everything to make their day extra special. Parties must be booked 21 days in advance.

Summer Kickoff Event

DETAILS: Watch our website for our summer kickoff event coming in June! We will have fun children's activities to enjoy.

Youth Week

DETAILS: From May 1st to May 7, visit us for special events including swim times.

Drop-in Childminding

DETAILS: Available for parents with kids aged 3 months to 10 years so they are able to participate in a fitness class, work out in the gym or meet a friend for a workout.









MyLeisureY.ca

gv.ymca.ca

Work for the Chilliwack Leisure Centre

Join our team! Visit our website at gv.ymca.ca/aquatics-opportunities

Learn More and Register for Programs

Visit our website for our up-to-date schedules, drop-in rates and to register for programs.



• Fitness Program DETAILS: Take a drop-in group fitness class!

- Sculpt & Tone
- Yoga
- Pilates
- Strength & Balance
- Cardio Sculpt



Strength & Conditioning Centre

DETAILS: Our fitness floor has the latest strength and cardio equipment. Ask our fitness staff how to maximize your workout. For our guests 16 years and younger, please talk to our staff about weight room orientations prior to using the fitness area

Gymnasium

DETAILS: There are plenty of great ways to stay active. Come by and enjoy some fun time playing games.

Drop in Programs:

- Badminton
- Ball Hockey
- Pickleball
- Basketball
- Soccer
- Volleyball



Affordable Recreation

The strength of a community can often be measured by the health and wellness of the members with in it.

The City of Chilliwack believes that, within reason, its citizens' financial circumstances should not present a barrier for them to access leisure activities.

Leisure Access Pass

DETAILS: Residents living with the City of Chilliwack, who have limited financial resources, are encouraged to apply for a Leisure Access Pass. This pass will allow the holder a price-reduced entry into the Chilliwack Landing Leisure Centre, Cheam Leisure Centre or any City run public program offered at the Coliseum or Sardis Sports Complex.

Applications are available at the Recreation and Culture Department at City Hall, the Chilliwack Landing Leisure Centre, Cheam Leisure Centre, or online at www.chilliwack.com. For eligibility in the Leisure Access Program, visit https://www.chilliwack.com/main/page.

cfm?id=1729.

• Grade 5 Get Active Facility Pass

PHONE: 604-793-2904

DETAILS: With the primary purpose of increasing participation and fitness levels of grade five students, the Chilliwack Active Communities Committee is pleased to provide the Grade 5 Get Active Facility Pass program. In partnership with the City of Chilliwack Recreation & Culture Department, Recreation Excellence, the Chilliwack Family YMCA and the Chilliwack School District #33, this pass is made available to all grade five public, home or privately schooled students in Chilliwack. The facility pass provides free admission to public swims, skates and selected drop-in sports from September 1st of the current year and expires August 31st of the following year. Letters can be obtained by contacting the local School Board Administrative office or the City of Chilliwack Recreation and Culture Department at 604-793-2904.

Please note that eligibility verification must be presented upon receipt and submission of the Get Active Letter.

Jumpstart

PHONE: 604-793-2904 **DETAILS:** TCanadian Tire Jumpstart[®] is a communitybased charitable program that helps kids aged 4-18 participate in organized sports and recreation such as hockey, dance, soccer and swimming, so they can

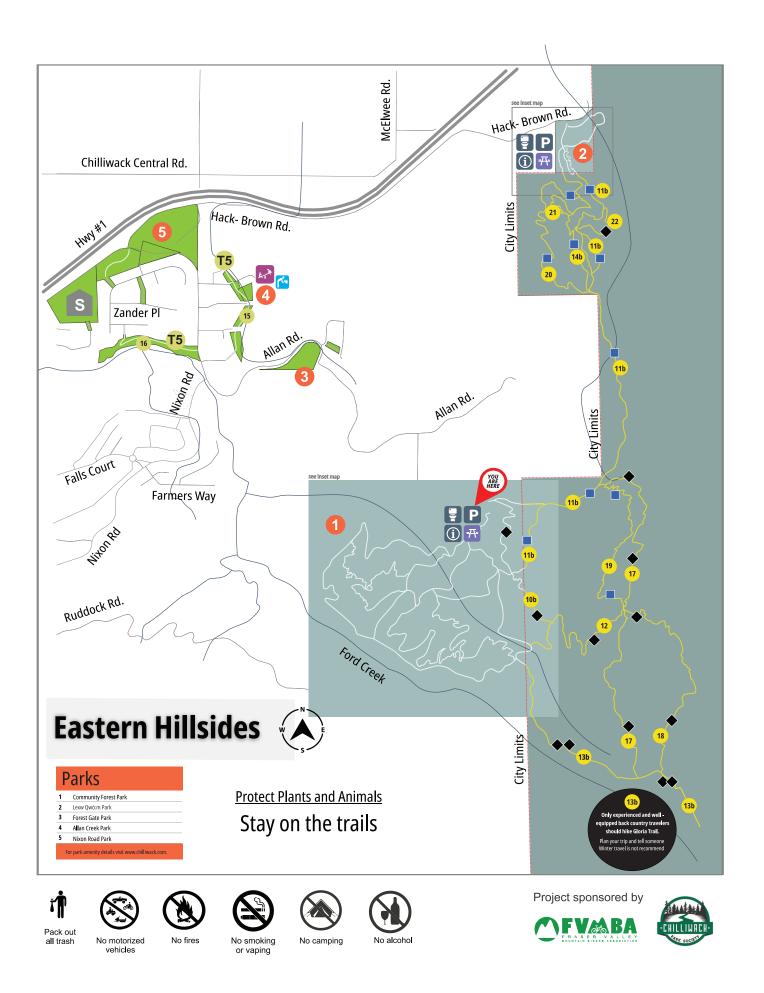


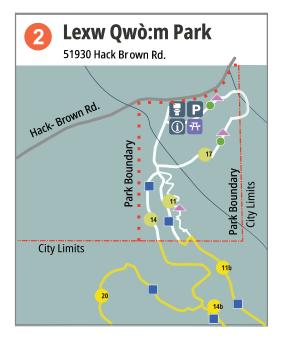
and swimming, so they can develop important life skills, self-esteem and confidence. This program provides support to children to remove financial obstacles that prevent them from playing in organized sports by covering the costs of registration, equipment and/or transportation. Hundreds of children are heled locally though the Jumpstart program. For more information contact the Chilliwack YMCA or download an application at www.chilliwack.com.

♥KidSport™

DETAILS: Kidsport[™] provides support to children to remove financial obstacles that prevent them from playing organized sport. The mission statement of Kidsport[™] Canada states, "We believe that no kids should be







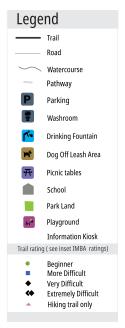
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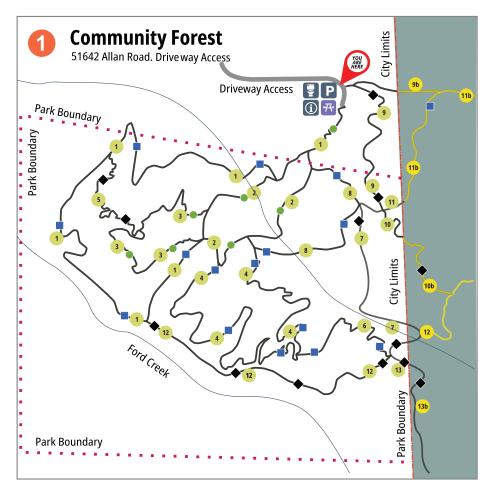
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Ν	lon Cit	y Trails		Ci	ty	Trails
9b	Spotlem	A 8	1		Canyo	in Loop
10b	Playground	•	2		Pitxel	
11b	Thaletel		3		Three	Bears
12	Cougar Alley	• •	4		Cholq	thet
13b	Gloria Trail	•	5		Swoo	p
14b	Alhqey	• •	6	- I	Broke	n Tree
17	Magic	•	7		Firelin	e
18	Big Blue	•	8		Slug	
19	Little Blue		9		Spotl	em
20	Watch Me		1	0	Playg	round
21	Chasing Squirre	s 🔺 🔴	1	1	Thale	tel
22	Bolderline	•	1	2	Uppe	r Canyon
Fo	r trail length and diffic	ulty visit All Trails or Trail Forks	1	3	Gloria	a Trail
10	r dan lengdrand dinic	ony visit Air trans or tran rocks	1	4	Alhqe	y
			1	5	Allan	Creek Trail
			1	6	Ford	Creek Trail
		2666	1	7	Lexw	Qwò:m Trail
	All Trails	Trail Forks		For tra	il leng	th and difficulty visit
I	MBA Trail Diff	iculty Rating System	l.			0

IMBA Trail Di	fficulty Ratin	g System		0	
TRAIL WIDTH	EASIEST WHITE CIRCLE 72* (1,800 mm)	EASY GREEN CIRCLE 36* (900 mm)	MORE DIFFICULT BLUE SQUARE 24° (600 mm)	VERY DIFFICULT BLACK DIAMOND 12" (300 mm)	EXTREMELY DIFFICE DBL. BLACK DIAMON
TREAD SURFACE	or more Hardened or surfaced	or more Firm and stable	or more Mostly stable with some variability	or more Widely variable	or more Widely variable and unpredictable
AVERAGE TRAIL GRADE	Less than 5%	5% or less	10% or less	15% or less	20% or more
MAXIMUM TRAIL GRADE	Max 10%	Max 15%	Max 15% or greater	Nax 15% or greater	Max 15% or greater
NAUURAL OSTACLES AND TECNIGAL TRAIL FEATURES (TFP)	None	Unavoidable obstacles 2° (50 mm) tall or less Avoidable obstacles may be present Unavoidable bridges 36° (900 mm) or wider	Unarovidable obstacles 8° (200 nm) tall or less Avoidable obstacles may be present Unarovidable bridges 24° (600 nm) high or wider TTF's 24° (600 nm) high or less, width of de the state of the state of the state of the state height	Unavoidable obstackes 15° (380 nm) tall or less Avoidable obstackes may be present hose rocks Unavoidable bridges 24° (600 nm) or wider TTF s 48° (1,200 nm) high or less, width of dack is less than 1/2 the height	Unavoidable obstacles 15° (380 mm) tall or less Avoidable be present loose rocks Unavoidable bridges 24° (600 mm) or narrower THFs 49° (1,200 mm) high or greater, width of dock is unpredictable





Art | Dance | Music | Theatre







Resident Companies & Community Partners







PATRON PROGRAMS



Explore the Arts - Red

DETAILS: For those passionate about the arts, and who want to take advantage of everything The Centre has to offer, Explore the Arts Red is the perfect way to get involved. For an annual fee of \$50, patrons will save on ticket prices to society shows, will receive discounts on art classes, and invitations to member-only events.



• Explore the Arts - Joy Years

DETAILS: The Joy Years programs celebrate those who have shown their support and passion for the arts over the years. Free for those ages 55 and above, the benefits of the Joy Years program include savings on ticket prices to select shows and discounts on art classes.



Explore the Arts - Discovery

DETAILS: Explore the Arts Discovery is available to everyone and signup is free! The benefits to this program include discounts on ticket prices for select shows and art classes.



• Explore the Arts - U28

DETAILS: Students and young adults under age 28 are invited to the free U28 program. With the goal of making the arts accessible to everyone, U28 members will be able to enjoy \$15 ticket pricing on select Chilliwack Arts & Cultural Centre Society Shows, and further discounts on ticket prices and art classes.





ART CLASSES

Clay | Creative Writing | Drawing | Fibre Arts Glass Work | Painting | Performance Photography | Wire Work

















Chilliwack Community Services

CCS Main Office Paramount Building #100 - 46187 Yale Rd. Chilliwack, B.C. V2P 0M2 604-792-4267 www.comserv.bc.ca ccsinfo@comserv.bc.ca

Mission Statement

We partner with people and the community to create opportunities to enrich lives.

Vision Statement

To be an innovative community partner empowering people to share, grow and belong.



Early Childhood & Family Development

Family Place Network

DETAILS: Welcoming neighbourhood drop-in centres for parents and caregivers with children from birth to 6 years old. Drop-in: play-based learning activities, Group Education: workshops, field trips, Connections: meet friends, find information.

Downtown Family Place

LOCATION: 9435 Young Road PHONE: 604-378-1803 DETAILS: Monday & Wednesday 9:00 - 11:00 am & 12:00pm - 2:00 pm; and Thursday 9:00 - 11:00am

• East Chilliwack Family Place

LOCATION: 46551 Chilliwack central road PHONE: 604.701.4940 DETAILS: Thursdays 9:30 - 11:00 am

• Greendale Family Place

LOCATION: 6550 Sumas Prairie Road PHONE: 604-701-4940 DETAILS: Wednesdays 9:30 - 11 am

Sardis Family Place

LOCATION: 45625 South Sumas Road PHONE: 604-378-1803 DETAILS: Tuesday & Thusday 9:00 - 11 am & 12:00 - 2:00 pm

Yarrow Family Place

LOCATION: 4595 Wilson Road PHONE: 604-701-4940 DETAILS: Tuesdays 8:30am to 10:00 am







Mountain View Family Place

LOCATION: 5819 Tyson Road PHONE: 604-701-4940 DETAILS: Tuesdays 9:30 - 11:00 am

Better Beginnings

LOCATION: Neighbourhood Learning Centre 46361 Yale Road PHONE: 604-701-4940

DETAILS: Thursdays 9:30-10:30am & 11:00-12pm Perinatal support programs for moms of all ages.

- Mothers are welcome from beginning of pregnancy until their youngest child is 6 months of age
- There is childminding for the older kids that parents may have Weekly meal and education class.
- · Dads welcome too!



Family Education Program

PHONE: 604-378-4243

DETAILS: Family Education Program provides ongoing groups throughout the year for parents and caregivers. Groups are intended to support healthy families and family relationships by offering psychoeducation and skills-building workshops. One-to-one support is offered to participants while in group. This program partners with multiple partners in the community. Referrals are welcome from community, self and MCFD/ FVACFSS. Programs Include:

- Circle of Security A research and relationship-based program that takes much of the guess work out of being a caregiver. This program is 8 weeks long and is offered twice per calendar year.
- DARING Dads The role of being a dad, stepdad or granddad is important. This ongoing group provides an informal setting to hang out while tackling the tough topics needed in contributing to shaping the character of your children. Dad jokes are always welcomed.
- Emotional Adaptability In this workshop we explore 6 big emotions: Joy, Fear, Sadness, Anger, Shame, and Curiosity. This program has 3 sessions and is offered multiple times in a calendar year.
- Anger CPR Gain awareness of the emotional roots to anger and the difference between anger and aggression. Discover useable ideas about taming tantrums and minimizing meltdowns, yours, and your child's. This program has 3 sessions and is offered multiple times in a calendar year

• Child Care Resource & Referral

LOCATION: 8937 School Street, Chilliwack, BC PHONE: 604.792.4267 AGASSIZ OFFICE:

Located in the Agassiz Community Recreation & Cultural Centre 6660 Pioneer Avenue, Agassiz BC **DETAILS:** Please call our office and follow us on Facebook for our evening and weekend hours. • Drop-in playtimes available for families

www.ccrrchilliwack.com

"Your BEST source of child care information and resources."





SERVICES TO PARENTS

Referrals to screened child care providers and programs, information on choosing quality child care, and assistance with Affordable Child Care Benefit application.

SERVICES TO CHILD CARE PROVIDERS

Referrals to parents, child care training opportunities, resource library, information and support.

Services Provided:

- Laminating services
- ECE exam proctoring
- Information on childcare-startup and childcare related needs

Senior Services

Meals on Wheels

PHONE: 604-316-4047 **EMAIL:** MOW@comserv.bc.ca **DETAILS:** Home delivery of fresh or frozen nutritious meals to individuals who, because of age, illness or disability, cannot prepare adequate meals for themselves. Individuals remain in the comfort and familiarity of their home, avoiding the stress of moving to a facility.

Better At Home

PHONE: 778.860.5499 **EMAIL:** betterathome@comserv.bc.ca **DETAILS:** Grocery Shopping, Minor Home Repairs, Light Housekeeping, and Light Yard Work are the services presently available.

Social Prescription

Chilliwack Seniors' Community Connector PHONE: 778.539.5435 Hope Seniors' Community Connector PHONE: 604.702.8838 DETAILS: Supports individuals in the areas of physical activity, nutrition, and social engagement enabling them to participate and contribute to their community.

STARS

PHONE: 604-793-7216 **EMAIL:** STARS@comserv.bc.ca **DETAILS:** Provides safe, reliable transportation for seniors to attend medical appointments, social outings and grocery shopping within Chilliwack and Abbotsford throughout the year.

Immigrant Services

PHONE: 604-393-3251 EMAIL: settlement@comserv.bc.ca

Settlement Services

DETAILS: Helping newcomers to settle in Chilliwack through information, referrals, support and assistance. Many workshops and orientation sessions along with community connections and field trips are offered throughout the year.

Language Services

DETAILS: English language classes and conversation circles FACEBOOK: Immigrant Services CCS INSTAGRAM: @CCSImmigrantServices

Chilliwack Local Immigration Partnership

DAY & TIME: Mon-Fri; 8:00-3:30pm PHONE: 604-316-8211 DETAILS: Generating partnerships that increase inclusion and equity for immigrants in the upper Fraser Valley.

www.chilliwacklip.ca FACEBOOK: Chilliwack LIP INSTAGRAM: @Chilliwack_LIP





Beyond the Bell

The Beyond the Bell program offers recreational opportunities for youth across Chilliwack through a partnership with the City of Chilliwack, and School District 33, local youth, and numerous community organizations. Through a variety of activities and events Beyond the Bell strives to insure that as many youth as possible have access to activities that will promote physical activity, creativity, and community engagement.

Some activities include Futsal, Flag Football, Ball Hockey, Basketball, Youth Drop-In, Skateboard Camps, Girls Skate Club and Webster Landing Skate Jam. These activities are offered in a number of locations throughout Chilliwack.



Juvee Skate

Juvee Skate offers a safe, welcoming environment for youth to skateboard. Held Wednesdays (3 - 5:30pm) at the Landing Sports Centre, Juvee Skate provides access to skateboards, helmets, and community mentors. Whether you're just starting out or mastering your skills, this program is the perfect place to connect with friends, learn new tricks, and have fun. Plus, there's always lots of snacks and plenty of encouragement to go around!.

Beyond the Bell Middle School

Operates in middle schools across Chilliwack, providing popular after-school programs from 3:00pm-6:00PM that encourage creativity, physical activity, and social connections. These popular programs are made to support youth during their crucial years, offering them a variety of experiences.

Afternoon Adventures

Afternoon Adventures is an activity-based program offered in a number of elementary and middles schools. The program has been providing participating students with the supportive adults in their lives, great role modelling, and a fun place to learn social skills as well as build community. Participation in this program requires registration via afternoonadventures.ca.

Elementary Program

Free after school program offering a wide range of activities designed to help children grow, learn and develop positive friendships hosted at several local public elementary schools.

Hang-Out

This middle school program helps create a sense of belonging and offers extra support that a youth may need to help navigate the tricky transitional years. Sign up is through the student's middle school.





Chilliwack & District Seniors' Resources Society

9291 Corbould Street Chilliwack, BC V2P 4A6 604-793-9979 www.cdsrs.ca info@cdsrs.ca

Seniors' Resource Society is a non-profit organization providing programs, services, resources, and activities to older adults. Our goal is to encourage older adults to be active, socialize, learn and access support.

Hours of Operation Monday to Friday 8:00 am to 3:00 pm

Be Active

Activity programs cover a range of interests including - Zumba, Walking group, several levels of yoga, Strength and Balance, Pickleball, Floor Curling, Dance and Line Dancing, Carpet Bowling and Badminton. and table tennis.

Learn

Many resources and support service are available including: Housing, medical equipment, and health support. Our Community Education workshops are presented regularly on a variety of topics that are of interest and concern to seniors. These programs are available to all local seniors with no membership requirement or fees.

Access Support

Food Hamper Program, community volunteer Income Tax program (for low income seniors or disabled persons), Assistance with Forms, and Snow Angels are programs that provide extra help when it's needed.





Bus Tours

Leave the driving to us and join us on our 24 passenger Tour Bus. It is a fun and relaxing way to travel worry free as our Driver and Hostess look after all the plans for you. You will find that it is a great way to see new sights, experience new places and meet new friends. Our Tour Coordinator has been planning and executing trips for over 20 years. We have an extensive variety of trips, including day trips in the Lower Mainland, Vancouver, Vancouver Island, Sunshine Coast, Washington State, Whistler, Squamish and more. There is something for everyone, such as; Theater, Casinos, Shopping, local attractions, Walking tours, Concerts, Beautiful garden tours, Picnics, Artisan & Farmers Markets, Festivals, Galleries, Wine Tours, Boat Cruises and more You can also enjoy longer trips starting with an overnight trip, up to a 10 day trip to Oregon or a 17 day trip like the Inside Passage and Haida Gwaii. Each year we also do an international trip, such as Canadas East Coast, England, Ireland and Scotland, Budapest, Vienna and Prague, China, Vietnam, Greece, Croatia and the Balkans. We have also done a variety of Boat Cruises. Each month we will have a Breakaway trip, which is a more cost effective, shorter getaway in the local area. Memberships are required to participate on our trips. Information is available at our office in the Evergreen Hall or you can view all our information on our website: www.cdsrs.ca

MULTI-USE PATHWAYS



What is a multi-use pathway?

A multi-use pathway, also known as a MUP, is separate from the roadway and is made for people that are walking, cycling, or using other ways to get around without a car.

What are the benefits of multi-use pathways?

Multi-use pathways separate motor vehicle traffic from users who walk, run, cycle and roll. This increases safety for all road users.

Where are multi-use pathways located in Chilliwack?

There are multi-use pathways along sections of Chilliwack River Road, Yale Road, Tyson Road and Keith Wilson Road. For a complete list of MUPs around Chilliwack, visit chilliwack.com/activetransportationsafety.



City of Chilliwack - Engineering Department 604.793.2907 engineeringinfo@chilliwack.com chilliwack.com/activetransporationsafety







Chilliwack Library Sardis Library Yarrow Library Read. Learn. Play | www.fvrl.ca

Check out the Chilliwack, Sardis and Yarrow Libraries today to read, learn and play!

Our Services

- FVRL Catalogue: Connect with us and other readers in our socially interactive catalogue.
- Search for programs in any FVRL library, for any age in Biblioevents.

Our Collections

Books

- Mango database
- Free downloadable digital audiobooks and e-books
- Music CD's
 Audiobooks
- Large Print books
 DVDs & Blu Rays
- Playaways: singletitle, pre-loaded audiobook devices
- World Languages books and DVDs,
- Free eMagazines
 Searchable Databases
- nguages Da d DVDs,



The playground lending collection designed for STEAM education: science, technology, engineering, art and math.

Explore Our Lending Collections

- Air quality monitors
- Bat packs
- Birdwatching backpacks
- Disc golf
- Energy meters
- Nature packs
- Portable Blu-ray Players
- Puzzle CubesSolar panels
- Sphero bolt
- Sunshine lamps
- Telescopes
- Thermal leak
- detectors
- Ukuleles

HOURS OF OPERATIONS

The Chilliwack, Yarrow and Sardis Libraries are members of the Fraser Valley Regional Library system. All programs and services are free with your Fraser Valley Regional Library card.

Chilliwack Library

45860 First Avenue Chilliwack BC V2P 7K1 Phone: (604) 792-1941

Mon-Thu	
Fri	10 am – 5 pm
Sat	10 am – 5 pm
Sun	1pm-5pm

Sardis Library

5819 Tyson Road Sardis BC V2R 3R6 Phone: (604) 858-5503

Mon-Thu	
Fri	10 am - 5 pm
Sat	
Sun	1pm-5pm

• Yarrow Library

4670 Community Street Yarrow BC V2R 5E1 Phone: (604) 823-4664

Tue	9 am – 6 pm
Wed	
Thu	1 pm – 8 pm
Sat	

R F

Follow us at: FVRL - Chilliwack Library FVRL - Sardis Library FVRL - Yarrow Library





This Spring/Summer at the Chilliwack, Sardis and Yarrow Libraries

Adults

Book Clubs

Join in for lively discussions of selected titles. Chosen books will change monthly and copies are provided by the library.

Conversation Circles

Adults gather to practice and improve their English. This program is presented by Chilliwack Learning Society.



Kids

Storytimes

Introduce kids to the love of books and language with storytime! Children and caregivers will enjoy interactive stories, songs, rhymes, and more. Storytime prepares children to learn to read.

Babytimes

Making language fun! Start early with babytime. Help your baby develop speech and language skills — enjoy bouncing, singing and rhyming with stories. Babytime is a fun, social bonding activity for babies and caregivers.

Q LEGO Clubs

Love LEGO? Come play, create, and experiment. We have the LEGO, you bring your imagination!



Chilliwack Library

• Library for All

An inclusive program for adults 19+, regardless of abilities. Bring your friends, family members or caregivers. Special guests and activities! Snacks! New Connections! In Collaboration with Inclusion Chilliwack Society.



For details on FVRL programs and services, visit www.fvrl.ca or contact your nearest library. You can also learn about the Summer Reading Club and the Summer in Salish in Salish series which is in partnership with the City of Chilliwack.

CHILIWACK museum & archives



Chilliwack Museum

45820 Spadina Avenue

Open Hours:

Monday-Wednesday, Friday: 9 am-4:30 pm Thursdays (Open Late: 9am-8 pm, Saturday- Sunday: 10 am - 4 pm. 604-795-5210 www.chilliwackmuseum.ca info@chilliwackmuseum.ca

Chilliwack Archives

Location: 9291 Corbould Street, Chilliwack, BC, V2P 4A6

Open Hours: Monday-Friday: 9 am – 4:30 pm



About the Museum

The Chilliwack Museum thrives as a vibrant community space with two gallery spaces on the lower level of the historic Old City Hall. The Museum offers a diverse array of programming that celebrates history, culture, and togetherness. In 2025, our programming invited residents and visitors alike to engage, learn, and connect in meaningful ways. Be spontaneous and drop in or check out the calendar of exhibitions and events below and plan your visit.

About the Archives

The Chilliwack Archives holds records, photographs, newspapers, maps, audio visual materials and more, including a reference library and a series of biographical community files. More than a repository of documents, the Archives serves as a bridge between past and present, safeguarding the memories and experiences of our community.

Spring + Summer Exhibitions GALLERY ONE

Memory Workshop MAY 15 - SEPTEMBER 27 LOCATION: 45820 SPADINA AVENUE

DETAILS: The Memory Workshop is a participatory exhibition dedicated to collecting and sharing personal stories and memories. Through a series of thoughtfully designed activities, visitors are invited to contribute their experiences, enriching our collective understanding of s' ólh téméxw (our land). This initiative acknowledges the gaps in our current collections and seeks to include diverse voices in the narrative of our community's heritage. Information gathered will be used to develop an additional upcoming fall exhibition.

CHILIWACK museum & archives





Photo Credit: Chilliwack Museum & Archives

Kiranjot Kaur: The Hands That Braid - Art Installation MAY 15 - SEPTEMBER 27

LOCATION: 45820 SPADINA AVENUE

DETAILS: The Hands that Braid is an exploration of the interdependencies among symbols of wealth, ornamentation, and love and how these connections are represented by relationships among people and objects. Starting with an assessment of the goals of traditional ornamentation among Panjabi women, the series uses an art-making process to discover a new goal to re-possess a lost connection with the matriarchy. Through the use of materials such as silk scraps, gota, metal wires, parandi, fabrics, paintings, and embroidery threads, the works reflect on these themes and engage with a tradition of resourcefulness and devotion passed down through generations.

Special Workshops with Artist Kiranjot Kaur For The Hands that Braid, art-making activity involves making a textile collage from scraps of fabric and trims to re-purpose these treasured items into art, in the spirit of abundant resourcefulness, inspired by the matriarchy join Kiranjot for this hands on art making event. additional upcoming fall exhibition.

SPECIAL WORKSHOP DATES:

SATURDAY JUNE 28 (2PM -3:30PM) & THURSDAY JULY, 17 (6PM - 7:30PM)

GALLERY TWO

• Haq & History ON NOW - SEPTEMBER 13, 2025 LOCATION: 45820 SPADINA AVENUE

DETAILS: The exhibit traces the journeys of early South Asian immigrants who made their way to BC in search of opportunity. Hag and History is a celebration of resilience, determination, and community-building. By amplifying the voices and stories of South Asian Canadians. this exhibition invites visitors to reflect on the ongoing journey toward equity, belonging, and recognition. Localized content from the CM+A highlights South Asian contributions to Fraser Valley agriculture and the Canadian Farmworkers Union's efforts to secure fair treatment for farm labourers. Hag and History offers a powerful reflection on the ongoing pursuit of justice and inclusion, celebrating the strength of South Asian communities in BC.

CHILIWACK museum & archives



Tours At The Museum

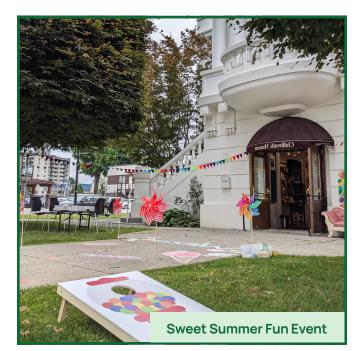
DATES: JUN 13, JUL 11, AUG 8, SEPT 12 LOCATION: 45820 SPADINA AVE

DETAILS: At The Museum, on the second Friday of every month at 3 pm from June – September, join a free tour led by Museum Curator, Mary Watson. Each 30 minutes tour will walk visitors through the current exhibitions and provide an opportunity to learn about community history.

Tours At The Archives

DATES: MAY 30, JUN 27, JUL 25, AUG 29, SEPT 26 LOCATION: 9291 CORBOULD STREET

DETAILS: Ever wondered what treasures lie behind the doors of the Chilliwack Archives? Join a free, behind-the-scenes tour on the last Friday of the Month and discover the incredible collection of historical records, photographs, and artifacts that tell the story of Chilliwack's past with Archivist Tristan Evans.



Events

• Saturday + Sunday Drop-in Activities DATES: JUNE 28-AUG 31, FROM 11 AM TO 1 PM LOCATION: 45820 SPADINA AVE

DETAILS: Join us for hands-on family art activities at the Chilliwack Museum! Drop in to explore creativity through themed projects inspired by our exhibitions. All ages are welcome—no registration required, and all materials are provided. Come create, learn, and connect with Chilliwack's stories through art!

• Canada Open House! DATES: JULY 1, FROM 10 AM - 2 PM

LOCATION: 45820 SPADINA AVE

DETAILS: Celebrate Canada Day with the Chilliwack Museum & Archives by participating in our interactive "Memory Workshop" on July 1st from 10:00 AM to 2:00 PM. Through story telling, art-making, and shared dialogue, participants will have the opportunity to shape a semi-permanent exhibition set to open in late 2025. This initiative aims to foster inclusivity and representation by encouraging contributions from all cultural backgrounds, ensuring that the rich tapestry of our community's history is accurately and respectfully portrayed.

• Sweet Summer Fun DATES: JULY 26 - AUG 5 LOCATION: 45820 SPADINA AVE

DETAILS: Sweet Summer Fun revives the spirit of joy and community, inviting participants to engage in playful summer activities reminiscent of days spent at The Palms Fruit and Confectionary, a Chilliwack business from 1916-1936 once located in the downtown core. Through interactive stations, storytelling, crafts and, of course, sweet treats, the event fosters a sense of nostalgia and togetherness, echoing the warmth and camaraderie that The Palms once provided. It's a celebration that not only indulges the senses but also honors the enduring legacy of communal spaces that have shaped Chilliwack's cultural fabric.



Great Blue Heron Nature Reserve

5200 Sumas Prairie Rd. Chilliwack, BC V2R 4N7 604-823-6603 www.chilliwackblueheron.com director@chilliwackblueheron.com

The Great Blue Heron Nature Reserve Society is a non-profit organization and registered charity that works to offer educational programs to the community and to protect the significant natural features - including habitat for the Pacific Great Blue Heron and multiple other species at risk - on 325 acres of natural space.

Free Monthly Guided Heron Walks

DATE: APR 5, 2025 I MAY 3, 2025 I JUN 7, 2025 TIME: 10:00AM - 11:00AM

DETAILS: Don't miss this free opportunity to learn all about the amazing Pacific Great Blue Heron! Join us the first Saturday of every month this Spring to learn all about this remarkable species, their life cycle, and how the colony has thrived on the Nature Reserve for decades.

Spring Homeschool

2025 Spring Homeschool will run weekly on Thursdays from 1- 4 pm, starting on April 10th and running through to June 26th (12 weeks of programming). This program is suitable for children ages 5 - 12, with a variety of activities to keep everyone entertained, and a short snack break between classes.

Classes will include a combination of multimedia wildlife art with John Le Flock, and outdoorfocused environmental education exploring on the Great Blue Heron Nature Reserve! The program will take place indoors and outdoors, with exciting opportunities to explore the nature reserve, work on some creative skills in the art classroom, and of course make new friends!





• Neurographic Art Class DATE: APR 26, 2025 (10:00AM - 12:00PM) DETAILS: Join our expert art instructor, John Leflock, for a meditative Neurographic Art class! Neurographic Art captures how the inner being reacts to the outer world transforming stress into something calming & peaceful.



Summer Camps

Check out our website for more detailed information about our upcoming 2025 Summer Camps. We offer both Art, Nature and combo summer camps every week through July & August.

To register for any of these events, you can visit our website chilliwackblueheron.com. If you have any questions about our events, we are happy to chat! Contact us at (604)-823-6603 or programs@chilliwackblueheron.com.





Bob Chan-Kent Family YMCA

45844 Hocking Ave., Chilliwack, BC V2P 1B4 604-792-3371 BobChanKentFamilyYMCA.ca chilliwack@gv.ymca.ca

Follow us

Obochankentfamilyymca

The Bob Chan-Kent Family YMCA is proud to serve the City of Chilliwack. Our amazing cente of community is a place where everyone is welcome to pursue a healthier lifestyle and connect with others.

Drop by for a tour and our friendly team can show you what being a part of the YMCA family is all about.

Hours of Operation

Monday to Friday 6:00 am to 9:00 pm Weekends and Holidays 7:00 am to 7:00 pm



We're more than just a gym.

Whatever your age or stage, we've got something to inspire you and your family. At the Y, we make it easy for everyone to play together or pursue their own passions. You can be active while your kids are under the same roof, and you can focus on your own personal goals. Every YMCA Membership includes:

- ✓ No locked-in contract
- ✓ Continuous swim lessons for all ages, including adults. No need to re-register.
- ✓ Unlimited drop-in group fitness classes
- ✓ Access to five YMCA centre of community locations across the Lower Mainland
- ✓ Y Play a healthy developmental experience for young children ages 3 months to 3 years
- ✓ Child and Youth programs for ages 3-15
- ✓ Aquafit and Water Walking
- ✓ Open Swim times for lane swimming
- 10 guest passes per year for family and friends
- ✓ Place your membership on hold for up to 16 weeks at no charge
- ✓ Open 364 days a year

Bob Chan-Kent Family YMCA Key Features:

- Pool & hot tub
- Gymnasium
- Strength & Conditioning floor with state-ofthe-art fitness equipment
- Social areas to connect with your family and community
- CycleFit studio
- Mens & Womens 19+ change rooms
- Family/Universal change room
- Group fitness studio
- Stretching and adaptive space
- Youth Program Areas
- Table Tennis Area





We have a wide variety of ways for the whole family to be active! Every YMCA membership includes these drop-in and registered programs.

For Children & Youth

The YMCA strives for healthy starts. That's we why offer swim lessons, and active & creative programs for all ages. Ask our membership team about the developmental experiences we provide.

- Swim Lessons
- Y Play
- Active Creative Play
- Multi-Sports
- Games Galore
- Baby Bear
- Tea & Tumble Time
- Family Fun
- Youth Sports
- Table Tennis

Teens ages 16 and older are welcome to any group fitness class!

We invite youth ages 11 to 15 years old to register for a mandatory fitness orientation prior to using the fitness floor.

Continuous Swim Lessons

Enjoy the ease of YMCA continuous swim lessons. Register once and your spot is yours for a long as you need it.

Learn more at gv.ymca.ca/ymca-swim-lessons



Become A Volunteer Fitness Instructor

Share your passion for fitness with others! Visit our website to learn how to become a volunteer fitness instructor at the YMCA. Learn more at **gv.ym.ca/ volunteer**

For Adults

Connect with others in the community in these drop-in fitness classes.

- Aquafit
- Yoga
- Lane Swimming
- Y Core
- Y Dance
- Cyclefit
- Step & Strength
- Y Strength
- Y Cardio
- and more!

These classes are ideal for those looking for low impact workout and individuals with mobility challenges.

- Water Walking
- Gentle Cardio
- Gentle Aquafit
- Restorative Yoga
- Gentle Basics
- Chair Yoga Stretch





Bob Chan-Kent Family YMCA

45844 Hocking Ave., Chilliwack, BC V2P 1B4 604-792-3371 BobChanKentFamilyYMCA.ca chilliwack@gv.ymca.ca

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Drop by for a tour and our friendly team can show you what being a part of the YMCA family is all about.

Hours of Operation

Monday to Friday 6:00 am to 9:00 pm Weekends and Holidays 7:00 am to 7:00 pm



The YMCA in the Community

• Elm Drive YMCA Child Care

Setting children up for success, in all aspects of their lives, is the foundation of the Infant, Toddler and 3-5 early learning programs at Elm Drive YMCA Child Care.

The YMCA recognizes that critical learning takes place in the first six years of a child's life-learning that requires a stimulating and caring environment. That's why our qualified and caring Early Childhood Educators at Elm Drive follow YMCA Playing to Learn, a national playbased curriculum that creates quality learning experiences through play.

If you're interested in applying for care at Elm Drive, please email childcare@gv.ymca.ca or visit gv.ymca.ca/childcare.

Choose to Move

Choose to Move is a free choice-based physical activity, group, and individual coaching program for inactive seniors and older adults. Based on the best research evidence, this program gives participants the tools, skills, and resources to start moving again. Participants design a personalized physical activity program with the help of a certified Activity Coach to build the habit of physical activity in ways that work best for them.

Visit our website at gv.ymca.ca/choose-to-move for more information.





Growing Mindfully

Growing Mindfully is a free physical and mental wellness program for youth 8-12 years old, to help support youth to be more active and learn healthy coping strategies. This group consists of a mental wellness component where participants learn tools and strategies to work through difficult emotions and a physical activity component where children learn importance being active in a fun and supportive environment.

Visit our website at https://www.gv.ymca.ca/ growing-mindfully for more information



• Y Mind Youth

Y Mind Youth is a free seven-week, in-person mental wellness program delivered by YMCAs across BC and in partnership with youth-serving organizations. The program is being delivered in partnership with the Chilliwack Youth Health Centre in Chilliwack. The program supports youth ages 18 to 30 who are experiencing symptoms of mild-to moderate anxiety or stress. Participants learn and practice evidence-based strategies to help manage anxiety. Learn more by contacting the Chilliwack Youth Health Centre at chilliwackyhc@gmail.com or visit gv.ymca.ca/y-mind-youth.

• Generation Health Community

Generation Health Community is a fun, free, and interactive healthy lifestyle program for families with children ages 8 to 12. The program has virtual or in person group options and runs for 10 weeks. Families engage in fun activities and learn about different topics like healthy eating, physical activity, healthy body image, screen time, sleep hygiene, self-confidence, goal setting, and more!

This program is offered virtually.

Learn more about Generation Health Community: gv.ymca.ca/generation-health-community

Mental Wellness Programs

Our free mental wellness programs, Y Mind and Mind Medicine, help participants learn how to manage stress and mild-to-moderate anxiety. Our programs are evidence-based and teach Acceptance and Commitment Therapy (ACT) and mindfulness. To participate, you may selfrefer, you do not need a diagnosis of anxiety, and you do not need to be a YMCA member.

Learn more at gv.ymca.ca/mental-wellness



Yarrow Community School

Yarrow Community School 4595 Wilson Rd, Chilliwack, BC V2R 5C4 604.823.0257 www.yarrow.sd33.bc.ca sallylum@shaw.ca

Yarrow Community School is very grateful for the support from the City of Chilliwack and School District #33. Through this partnership we offer a variety of recreational and social programs in our community. We are always interested to hear from anyone with new ideas or proposals for programs or events. Please call coordinator Sally Lum at 604.823.0257 or email sallylum@shaw.ca for information or to inquire about facility rentals.

Facility Rentals

Our spaces are available for rent evenings and weekends throughout most of the year. Great spaces and very reasonable rates.

Cycling Without Age

For those of you who haven't heard of us yet, our Cycling Without Age program is a FREE cycling service that helps isolated seniors, or others with mobility challenges get out of their homes and into the great outdoors. Our bikes are equipped with very cozy weather-proof blankets, so are ready for all kinds of weather. We especially enjoy riding on the Vedder River trails but can bring the bikes to your neighbourhood too. To find out more about our program, maybe book a ride, check out our FB page at Cycling Without Age-Yarrow or email us at cwayarrow@gmail.com







Repair Café

DATE: SATURDAY, APRIL 26TH 9AM - 2PM DETAILS: In the multi-purpose room and courtyard at the school. This is a world-wide movement, run by volunteer 'community fixers' who aim to help 'community breakers' - to fix household items, save money and divert stuff from the landfill. This will be the 4th Repair Café hosted at Yarrow Community school. If you have small appliances garden tools or bikes that need a tune-up we might be just what you are looking for! Call Sally at 823-0257 with any questions or if you'd like to volunteer as a fixer.

• Coming this Spring / Summer!

- Crafts with Cleo and her friend Jess
- Nails and a Chat
- Summer Fun programs
- Friday Night Youth Hockey
- Senior's Socials

- All Sports SaturdayPickleball
- Seniors Tech Support
- Session • Junior Basketball camp
- Tykes T-Blast Ball
- Tykes Spring Soccer







Greendale Elementary Community School Society

6621 Sumas Prairie Road Chilliwack BC V2R 4K1 778-539-8431 www.gecss.com coordinator@gecss.com

GECSS exists to serve the wonderful community of Greendale and neighboring communities by offering afterschool, evening & weekend programs. GECSS offers our Party Space for birthdays and gatherings on Saturday & Sundays, as well as evening rentals of the gymnasium for sports, teams or friend groups, fitness classes or special events.



Check out Facebook- GECSS Greendale or www.gecss.com for updates.



Afterschool Programs

Acting & Drama

DATE: APRIL 1-JUNE 10 (10 WEEKS) DETAILS: Grade 2-5 — ASSAI Funded Tuesdays 2:00 - 4:00 pm

THEATRE PRODUCTION

Tuesday June 10th, 2025, evening

Basketball w/ Chwk Basketball Club

DATE: APRIL 2-MAY 28 (WEDNESDAYS) DETAILS: Kindergarten - Grade 2: April 2- 30th (5 weeks) - \$95 Grade 3- 5: May 7-28th (4 weeks) - \$80

GOLF with Atlas Performance and Golf Training

DATE: APRIL 3 - 24 (THURSDAYS) DETAILS: Come out and join these amazing coaches to learn the fun game of golf! Grade 3 - 5 Thursdays, 2:00pm - 3:45 pm ASSAI funded

Youth & Adult Programming

Home Alone
 DATE: MAY 3, 2025 (SATURDAY)
 DETAILS:
 9am - 1pm
 Ages 10+
 \$55







• Babysitters Course

DATE: MAY 24, 2025 (SATURDAY) DETAILS: 9am - 4:30pm Ages 12+ \$70

Intro to Pickleball

DATE: APRIL 8-29 (TUESDAYS) DETAILS: 5pm - 6:30pm Ages 16+ \$80 Spaces limited



Community Events

3rd Annual Spring Market

DATE: APRIL 5, 2025 DETAILS: Saturday April 5th 9am - 3pm

- Local Greendale vendors
- Community Coffee, 9am-10:30am (complimentary coffee & tea)
- GECSS Snack Hub, 11am-1pm
- (ft. Chili & more)

• Greendale Community Party DATES: JUNE 14, 2025 DETAILS:

Saturday, June 14th 8:30am-12:30pm Mark your calendars- more information @ the Spring Market on April 5th!

BOOK YOUR EVENT!

Party Space at Greendale!

www.gecss.com/birthdays-gatherings

GECSS PARTY SPACE is available for your birthday parties, family gatherings and events. Please email to book your event or have any questions. Please check out www.gecss.com/ birthdays-gatherings/ for photos and more information!

(Please note, we are booking for May-July 2025, closed for August 2025, and re-open September 2025)





Promontory Heights Elementary Community School Association (PHECSA)

46200 Stoneview Drive, Chilliwack BC V2R 5W8

604-858-2999

www.phecsa.ca phecsa@phecsa.ca

Follow us

Our school facilities are open to the community! Follow us for updates on classes, programs and special events!

facebook.com/PHECSA
instagram.com/_phecsa_/



PHECSA is situated in the heart of the Promontory Community.

The Promontory Heights Elementary Community School Association (PHECSA) is a non-profit organization formed in participation with the community of Promontory Heights. PHECSA provides educational, recreational and social opportunities for community members of all ages and abilities, and integrates the facilities at Promontory Heights Elementary Community School.

Use of these facilities has been made possible through the generous partnership between the Chilliwack School District #33 and the City of Chilliwack.

PHECSA would like to gratefully acknowledge the funding received from the City of Chilliwack, The Province of BC, and the Government of Canada.

Facility Rentals

DETAILS: Our spaces are available for rent afterschool, evenings and weekends year round for community use. Please contact the PHECSA office for rental information and availability.

Panther Pen Before & After-School Care

Panther Pen is a fully licensed School Aged program providing before and after-school care.

Regular Hours: Monday-Friday 7:00am until School Bell and After-School until 5:30pm

We offer:

- Pro-D Day Camps
- Winter Break Camps
- Spring Break Camps
- Sun N Fun Summer Camps

Space is limited - must pre-register! For Registration Information & Packages email **pantherpen@phecsa.ca**





Weekly Drop-Ins:

Pickleball

Tuesdays & Thursdays (5:45 - 8:00 pm) Drop-in \$3.00

Busy Bees Crafts & Coffee

Thursdays (9:00 - 10:30 am) Free drop-in for caregivers & tots!



LEGO Club

Thursday (2:30 - 3:45pm) Grades 1-5, Free Drop-in, Snack Provided!

Primetimer Social

Fridays (9:30 - 11:00am) Meet local seniors and enjoy coffee and conversation!

Tween Night

Fridays (6:30 - 9:00pm) Grades 4-6, Drop-in \$5.00

Other Spring Programs Offered:

- Arts & Crafts Workshop
- PRISM Studio Ceramics
- Babysitters Course
- Baking Workshop
- At Home Alone Course · Hatha Yoga~Adult Class
- Floor Hockey

For more information, or to register please contact the PHECSA office



Dandelion Fields Outdoor Preschool

For children who love to play in the dirt, this fully licensed nature-based learning environment is the perfect place to discover, explore, imagine and grow through outdoor play. For more information about our preschool please visit https://www.dandelionfieldsoutdoorpreschool. com

Music Lessons:

Private Piano, Guitar & Ukulele lessons for all ages

Please contact the PHECSA office for more information.







Rosedale Traditional Community School Society (RTCSS)

50850 Yale Road Rosedale, BC V0X 1X2 604-378-0300 | 604-794-7873 www.rtcss.ca rtcss@rtcss.ca

Mission Statement

To provide broad inclusive programming for all ages in a safe and welcoming environment, providing lifelong learning opportunities for all ages.

Office Hours

Monday-Thursday 8:00am - 8:00pm Fridays 10:00am - 4:00pm SUMMER HOURS: Monday-Friday 10:00am-4:00pm



Who We Are

The Rosedale Traditional Community School Society, housed at the Rosedale Traditional Community School, is a non-profit Society governed by volunteer members of the Community. This venture has been made possible due to a partnership between School District #33 and the City of Chilliwack. RTCSS would like to gratefully acknowledge funding received by the City of Chilliwack, and Service Canada.



Facility Rentals

At the Rosedale Traditional Community School, we have space that meets your needs. Meeting rooms, gyms, classrooms, computer lab, kitchens, art rooms, etc... Email to make an appointment to tour the facility and see what we can offer you. Company retreats, weddings, reunions, baby showers, retirement parties, birthday parties.... All rentals are processed through email. Please email with your enquiry.



Programs

Childcare Centre

- Infant Toddler Program
- Preschool Age Program
- School Age Program
- 3 year Preschool (Tues/Thurs)
- 4 year Preschool (Mon/Wed/Fri)

• Kids Programs (4-5yrs)

- Nature Play Preschool
- Energy Busters
- Little Einstein
- Tiny Cooks
- Little Artist

Music Programs

- Piano Lessons-Private
- Guitar-Private







• Youth Programs (6-11yrs)

- Chef's In Training
- Cupcake Decorating
- Mixed Art Museum
- Basketball Academy
- At Home Alone
- Mad Scientists
- In the Studio
- Friday Fun Zone

• Teen Programs (12-18yrs)

- Youth Night
- Babysitters Training
- Basketball Academy
- Yoga
- Intro to Watercolor Painting

Adult Programs

- Yoga
- Intro to Watercolor Painting

Drop in Programs

- Pickleball (Tuesdays)
- Badminton (Thursdays)
- Tea 'n' Tots with Parents Social (Wednesdays)



Chilliwack Central Elementary Community School Society (CCECSS)

9435 Young Rd, Chilliwack, BC V2P 4S7 **Contact Society:** (604) 792-8539 (office), (604) 860-9125 (coordinator phone), **afterschool@ccecss.ca Contact Preschool:** (604) 763-3113 (call or text), **preschool@ccecss.ca** https://central.sd33.bc.ca/ccecss

SOCIETY SUMMARY: Chilliwack Central Elementary Community School Society (CCECSS) provides recreational and art programs, learning opportunities, connection and education to the downtown Chilliwack community and beyond. We also operate a morning and afternoon preschool (Central Sockeyes Preschool). Our society is closely connected to the community and has a strong commitment to offering low barrier programming to our community.

PROGRAMS:

CCECSS works with community members to provide programming that respectfully engages inner-core community members of all age, ethnic, and socio-economic realms that promote services and opportunities to support families and their children. These supports are delivered during and after the school day through the collaboration of the School District, community agencies, and our Community School.

Central Sockeye Preschool - Come and join the fun at our licensed early learning hub! We have morning and afternoon classes on Monday through Thursday. We are part of the Child Care Operating Fund and accept the Affordable Child Care Benefit.





Please contact the Preschool Manager, Denise Moore at (604) 763-3113 (call or text), or email preschool@ccecss.ca with any inquiries.

Downtown Family Place - Drop-In

Centre for families with children ages birth to 6 years old. They are a drop-in program with play-based learning to help parents and children build healthy attachment.

Afterschool Programs - We offer

afterschool programs (such as soccer, basketball, karate, art classes etc.) throughout the school year. Some are free or at a reduced cost. Call the coordinator or visit our social media for upcoming program information.

Contact our coordinator for information on when each program is running.

Preschool:

- AM Classes
- PM Classes

Afterschool Programing:

- Art programs (crafting, weaving)
- Soccer (Tzeachten FC)
- Basketball
- Games (board games, lego)

Adult Programs:

Yoga



Cultus Lake Community School Association

71 Sunnyside Blvd. Cultus Lake BC V2R 5B Phone: 604-858-7192 Fax: 604-824-9957 clcsacultuslake@gmail.com cultuslake.sd33.bc.ca

Follow us

Cultus Lake Community School Association
 clcsacultuslake



The Cultus Lake Community School Association is like the heart of the community, beating with energy and enthusiasm! Our non-profit organization operating from Cultus Lake Swilhcha Community School, is dedicated to making activities accessible for all ages!

We operate LakeShore ChildCare which offers fulltime care for children ages 3 - 5 with an outdoor focus, as well as, Before and After School Care from "The Nest".

During summer and spring break we

have a jam packed program of activities for children in kindergarten to age 12; all in our licensed childcare. We offer fitness and recreational programs for all ages throughout the year! Check out our social media - Cultus Lake Community School Association on Facebook or Insta or email clcsacultuslake@gmail.com for more information.

• Children's-On-Going Programs

DETAILS: TaeKwonDo with Master Lee on Saturdays - for all age Dance with Miss Cea-Ce on Mondays

Adult Drop in Yoga

DATE: Monday Nights 6:30 - 7:30 - \$80 for 10, \$10 each

Ball Hockey

DATE: Thursdays DETAILS: For ages 12 and up 4 - 5:30 - \$3

LakeShore ChildCare

DETAILS: Before and After School Care for Cultus Community School. Full-time licensed daycare for ages 30 months - 5 years.

Birthday Parties

DETAILS: Held on weekends - \$132.50 for 2.5 hours of open gym time.





Chilliwack Heritage Park

44140 Luckakuck Way Chilliwack, BC V2R 4A7 Phone: 604-824-9927 Fax: 604-824-9957 info@chilliwackheritagepark.com www.chilliwackheritagepark.com

Chilliwack Heritage Park is a 65 - acre park that boasts a 160,000 square foot building which can accommodate a number of events including trade shows, conventions, concerts, dog shows, horse shows, arena cross events, ABA BMX Bike Grand Nationals and local club events just to name a few.

March 2025

Mar 7-9 Mt. Cheam Dog Show Mar 15-16 Historical Arms Show Mar 21-23 BC Outdoor Show

• April 2025

Apr 3 Beekman Farm Auction Apr 4-6 Outlaw RC Apr 11-13 Gem Show British Columbia Lapidary Apr 17-20 Renaissance Dog Show Apr 25-27 Vintage Barn Market

May 2025

May 3 Fraser Valley Thrift Market May 9-11 ABA-BMX Fraser Valley Nationals May 23-25 Auld Lang Syne Dog Show May 31 - Jun 1 Blush Markets: Bridal & Baby May 31 - Jun 1 Spitfire Dog Sports Club Show



• June 2025

Jun 7-8 BC Miniature Horse Club Jun 27-29 Fun Free Flyball

• July 2025

July 5 Fraser Valley Thrift Market July 5-6 Canadian Barrel Race

• August 2025

Aug 8-10 Chilliwack Fair Aug 16-17 Northwest Mud Racing Aug 29-31 Spitfire Dog Sports Club Show

Dates & Events subject to change



Curbside Collection Program



Residents can help divert waste from the landfill by sorting all compostable and recyclable materials out of their garbage.

- ✓ Recyclables placed in blue and grey bins get turned back into useful products through Recycle BC's program.
- ✓ Food waste, food-soiled paper, and yard waste placed in a green bin are composted to produce nutrient-rich soil.

RECYCLING REMINDERS

Mixed recycling: Place your recyclable paper, cardboard, plastic and metal containers loose inside your blue bin for weekly collection. Avoid contamination by making sure all materials in your blue bin are recyclable.

Glass: Place only glass bottles and jars in your grey bin for bi-weekly collection. Please remove any lids and recycle the lids with your mixed recycling.





DOWNLOAD THE APP

Never miss another collection day! Receive a custom notification, email, voice call, or calendar reminder to your smart phone regarding your collection days and curbside service alerts. Some reminders are also available on landline phones.

Download the free Chilliwack Curbside Collection app from the App Store or Google Play, or access it at chilliwack.com/curbside.

NEED HELP SORTING YOUR WASTE?

Use the "Waste Wizard/What Goes Where" tool in the free Chilliwack Curbside Collection app or visit our website at chilliwack.com/curbside to find free and low cost disposal/recycling options for hundreds of items!



Environmental Services Department curbside@chilliwack.com 604.793.2787 chilliwack.com/curbside



Give cyclists and pedestrians plenty of space.

It's not just safer, it's the law. gov.bc.ca/ShareTheRoad

Stand Out. Rank Higher. Grow Your Business.

Your brand deserves a website that drives results and graphic design that captures its identity.

Located in Chilliwack. Text (604)316-8916 and let's talk over coffee.



Brent Nelson 604.316.8916 brent@soapboxstudios.ca

Web | Graphic | Content Writing | SEO | Video

soapboxstudios.ca

Chilliwack Leisure Guide Designed in Partnership with Soapbox Studios



Neighbourhood Grants Program BUILDING COMMUNITY, ONE NEIGHBOURHOOD AT A TIME!

Did you know that building relationships in your community can help improve your sense of well-being, quality of life and Neighbourhood safety?



Neighbourhood Grants Program



Celebration and Activity Grant

and organizations that have small but powerful ideas that will bring people together ad enhance neighbourhoods. Through matching grants, the Chilliwack Neighbourhood Grant Program supports locally driven projects that are planned, implemented and managed by and for the neighbourhood. It encourages residents and local community groups to engage in projects that bring people together and make the community a vibrant and liveable place. There are three types of grants: Celebration and Activity Grant, Grass Roots Grant, and Youth Engagement Projects (YEP) Grant.

The Neighbourhood Grant Program has been developed to support residents

The Celebration and Activity Grant Program is an initiative to encourage residents and community groups of Chilliwack to engage in neighbourhood or community projects that promote positive social benefits, awareness, inclusion and connectedness. Projects should engage, educate and celebrate community members. For example, a Block Party or Neighbourhood BBQ would be eligible for consideration of funding and/or resources for their event through the City of Chilliwack's Celebration and Activity Grant.

Youth Engagement Projects Grant (YEP)

This grant stream is designed specifically for youth aged 13-19! The Youth Engagement Projects Grant empowers youth to execute their powerful ideas to enhance their neighbourhood and bring people together. The City of Chilliwack supports these ideas through funding, resource assistance, and staff guidance.

Spring / Summer 2025 Leisure Guide



chilliwack.com/community