

# CHILLIWACK Greenheart News

Information on current events, announcements and policies from your City Council

#### Chilliwack Healthier Community First Annual Public Forum "Our Healthy Community"

Date: Tuesday, May 26, 2015

Time: 8:00 am – 12:00 pm

Location: Neighbourhood Learning Centre, 46361 Yale Road (attached to Chilliwack Senior Secondary School), Rooms 1007 and 1009

Chilliwack Healthier Community invites local residents to its first annual public forum "Our Healthy Community". Join them as they provide an update on their progress since the 2014 Public Forum Series, and have your voice heard regarding Chilliwack's social issues. Light refreshments will be provided.

For more information, contact Sabine Mendez at 604.703.8096 or coordinator@healthierchilliwack.ca.

## **Emergency Preparedness Week**

This year, Emergency Preparedness Week (EP Week) is May 3-9, 2015.

Emergency Preparedness Week is a national awareness initiative. It is a collaborative event undertaken by provincial and territorial emergency management organizations supporting activities at the local level. EP Week encourages everyone to take three simple steps to become better prepared to face a range of emergencies:

- Know the risks
- Make a plan
- Get an emergency kit

On Saturday, May 9, a public Emergency Preparedness day is being conducted at Stó:lō Nation located at 7201 Vedder Road from 9am to 2pm. First Aid, Fire Extinguisher and Personal Preparedness presentations will be offered with many door prizes and a free lunch provided.

#### Move for Health Day May 8



Celebrate World Health Organization's Move for Health Day and walk with your Doc and with your Mayor. On Friday, May 8, at noon, let's get together as a community to take steps towards good health at Townsend Park! Receive a free pedometer to count your steps, while supplies last. There will be light

refreshments and lots of fun! Register online at walkwithyourdoc.ca or call 604.795.0034.

Brought to you by the Chilliwack Division of Family Practice and the City of Chilliwack.



#### City Wide Garage Sale May 9, 2015

Register now at chilliwack.com/garagesale or call 604.793.2907. Registration deadline is Monday, May 4. A map of all sale locations will be available online at chilliwack.com/garagesale on Thursday, May 7. A list will also be published in the local paper. Please remember to remove all remaining items by 4pm on the day of the garage sale.

### **Browne Creek Wetlands Grand Opening**

Join us for the grand opening of the Browne Creek Wetlands on Thursday, May 14, 2015. Interpretive nature walks and rotary train excursions will run from 10:30 - 11:30am. The ceremony will take place at noon, with additional interpretive walks and train excursions running from 1 - 2pm.

The Browne Creek Wetlands are located in the Vedder Greenway, on the south side of the Vedder River, and extend from the Vedder River Campground to west of the Southern Railway bridge. While the primary feature of the area is the spawning channel network constructed by DFO and the Fraser Valley Watersheds Coalition, the City of Chilliwack and Rotary Club of Chilliwack have partnered to develop a network of just over 2 km of trails along the spawning channels.

Come enjoy the Brown Creek Wetlands, where wildlife, fish, recreation, leisure, sustainability and conservation values meet!





## Spring Clean Up

With spring finally here, everyone seems to be focusing on long anticipated projects such as annual cleaning, home repairs and yard work.



The Chilliwack Fire Department would like to remind you that spring clean-up is an excellent opportunity to reduce and remove

fire hazards so that the entire family can enjoy the nice days ahead. Here are some tips when cleaning:

- Reduce the amount of clutter inside and outside your home. While clutter does not start fires, it can become fuel for a fire.
- Make sure household or pool chemicals, paints and poisons are clearly marked and stored out of children's reach.
- Only use barbeque grills outdoors and well away from combustible objects. Using grills indoors or in enclosed spaces is not only a fire hazard, but it also exposes occupants to toxic gasses and potential asphyxiation.
- Make sure to check your barbeque grill and propane supply lines for leaks and cracks by pouring soapy water over the hose and looking for any bubbles.
- Make sure access to and exit from your home isn't blocked by clutter or debris. Windows should be checked to ensure they open and close properly, in case they are needed as an exit.

For fire prevention inquiries, contact the Chilliwack Fire Department 604.792.8713 or visit chilliwack.com/fire.