



Remember!

Cycle without using headphones/earbuds/distractions. A cyclist who is aware of potential hazards, their surroundings and other warning signs is a safe cyclist.



Cycling Safety Tips



City of Chilliwack
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Cycling Safety Tips

Drivers

- Share the road with cyclists
- Parking on bike lanes is prohibited. Park in designated areas only.
- Watch for cyclists at:
 - Intersections
 - Before turning right or left
 - Before opening your vehicle door
 - When travelling on roadways especially when visibility is restricted (fog, rain, dawn, dusk, evening)
 - When leaving a parking stall or driveway

Cyclists

- Always wear an approved bicycle helmet. Look for one that's approved by a recognized body such as Snell. Wearing a helmet is the law in B.C. and you could be fined for not wearing one. Be sure to position the helmet flat on the head, not slanting forward or back. Fasten the chinstrap to fit snugly.
- Ride single file – it's the law in B.C.
- Obey all traffic signs and signals and rules of the road.
- Stop and look all directions before cycling out of an intersection, driveway or lane.
- Keep to the right-hand side of the road as much as it is safe to do so. Never ride your bike on the left-hand side of the road while facing traffic.
- Yield the right-of-way to pedestrians.
- Keep a straight line. Do not weave in and out of parked cars, obstacles, etc.
- Shoulder check before signaling to turn, change lanes, move in and out of traffic or stop.
- Be visible; use lights during the day and night rides. Wear reflective material (safety vest)
- When passing other cyclists, look behind for approaching traffic and use a bell, horn or voice to indicate you are about to pass.
- Walk your bike over rough spots (gravel, ruts, rocks and potholes) and over cattle guards, crosswalks, and on sidewalks.
- STOP bike theft by recording your bike serial number and keeping it in a safe place along with a photo of your bike. Be sure to engrave your bike with your BC driver's licence # or phone number. Lock it well using a 2-lock system: a U-lock with a cable lock; never use only a cable lock.