



## Remember!

Cycle without using headphones. A cyclist who is aware of potential hazards, their surroundings and other warning signs is a safe cyclist. Remove your headphones until you have safely reached your destination.



# Cycling Safety Tips

For more information on Safer City initiatives, please contact  
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# Cycling Safety Tips

## Motorist

- Share the road with cyclists
- Parking on bike lanes is prohibited. Park in designated areas only.
- Watch for cyclists at:
  - Intersections
  - Before turning right or left
  - Before opening your vehicle door
  - When travelling on roadways especially when visibility is restricted (fog, rain, dawn, dusk, evening)
  - When leaving a parking stall or driveway

## Cyclists

- Always wear a bicycle helmet – it is the law in B.C. Position the helmet flat on the head, not slanting forward or back. Fasten the chinstrap to fit snugly.
- Ride single file – it's the law in B.C.
- Obey all traffic signs and signals and rules of the road.
- Stop and look all directions before cycling out of an intersection, driveway or lane.
- Keep to the right-hand side of the road as much as it is safe to do so. Never ride your bike on the left-hand side of the road while facing traffic. A bicycle is considered a vehicle in the Motor Vehicle Act.
- Yield the right-of-way to pedestrians.

- Keep a straight line. Do not weave in and out of parked cars, obstacles, etc.
- Shoulder check before signaling to turn, change lanes, move in and out of traffic or stop.
- It is against the law to carry passengers on a bike with one seat.
- Never pull or tow anybody with your bike.
- Keep both hands on the handlebars unless signaling.
- When passing other cyclists, look behind for approaching traffic and use a bell, horn or voice to indicate you are about to pass.
- Walk your bike over rough spots (gravel, ruts, rocks and potholes) and over cattle guards, crosswalks, and on sidewalks.
- Avoid riding your bike through puddles; there may be hazards hidden beneath the water that you can't see.
- Remember your bicycle is not a toy - it is a vehicle.

\*Cyclists Tips From ICBC Bike Smarts: A Handbook