

Getting to know Chilliwack's Species at Risk

Species at risk profile: Tall Bugbane, *Actaea elata* var. *elata*

What it looks like:

Tall perennial plant (up to 2 m) with maple-like leaves that have very fine hairs on the upper and lower surfaces, and tiny white flowers clustered on brush-like flower spikes. [Click here for more identification details.](#)

Where it lives:

Found on lower elevation slopes in mature forests, in moist soils, and often growing in the presence of Devil's Club. [Visit this map for location details.](#)

What are its main threats in the Fraser Valley?

Habitat disturbances on hillsides.

Did you know?

- Blooms from mid-June to early August.
- Each flower produces capsules that look like tiny ribbed pea-pods 3-4 mm in length.
- In Canada, only found in the Vedder Mountain and Chilliwack River areas.
- Click [here for more facts](#)

How you can help:

Request advice when creating new trails or roads in areas where it is known to grow.

Join the [Nature Stewards](#) program for personalized property advice.

Spot a Tall Bugbane? – take a photo, record the location, and send it to outreach@fraservalleyconservancy.ca.

For any questions about this or other species at risk, contact the [Fraser Valley Conservancy](#).